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Look at your top **3**
Ideal Careers

- ✓ Your Ideal Careers will help you plan your career goals and action steps.
- ✓ Your Ideal Careers have been identified on the basis of your strength.

The report should be taken as an an indicator or a facilitator and as an ongoing dialogue on career choices and effective career planning in life.

Here Are Your Top 3 Ideal Careers

1 Media & Entertainment

Designing, producing, exhibiting, performing, writing, and publishing multimedia content including visual and performing arts and design, journalism, and entertainment services.

- Radio Jockey
- Anchor
- Audio and Video Technologist
- Journalist
- Disc Jockeys
- Editor
- Writer
- Reporters

2 Designing & Art

Designing, producing, exhibiting, performing, writing and publishing multi-media content, including visual and performing arts and design, journalism, and entertainment services.

- Radio Jockey
- Video Jockey
- Writer
- Beautician
- Photographer
- Gemologist
- Illustrator

3 Law and Order

Careers that include planning, managing, and providing legal services such as Lawyer, Judge etc.

- Judge
- Lawyer - Criminal
- Lawyer - Taxation
- Lawyer - Labour Law
- Lawyer - Civil
- Lawyer - Family
- Lawyer - Constitutional
- Company Secretary
- Patent Attorney



Career Motivators

Career Motivators, in the simplest term, are factors that encourage one to perform better at work. It could be anything- Money, Respect, Creativity, Challenge, and Recognition.

Career Motivators may not be same for every person. To one person, money could be of higher priority, to another recognition. Hence, it is very important that one chooses his/her career that has areas of motivational factor. Career Motivators are an important element in choosing a career else one's career after a while may seem boring and uninteresting.

EXAMPLE

- ✓ To a businessman, profits (money) could be the motivational factor whereas to a politician, seeing the nation's development is the motivational factor.
- ✓ Being in social work career will get you lots of respect from society when compared to being engineer. But being a social worker would mean travel and less comfortable life as one requires to fight and help downtrodden.
- ✓ Being an engineer would mean more stability but would not bag respect as that of social worker. So if you want your career to be more comfortable and predictable then being an engineer would be a better option than being a social worker.



Top Motivators of Upasana

FREEDOM

A suitable job for you is the one that will not bind you in terms of time schedule and monitoring. Yes, it may sound a silly thing to ask for. But not all take their freedom for granted. A few of us want freedom, along with a paycheck, as an important criteria in choosing the job.

INTEREST

A job that is of your interest is ideal for you as it will keep you at it, irrespective of hurdles and troubles. This probably is the most basic and natural career motivator. If one likes a job, one will do it well; irrespective of hurdles.

RESPECT

While each of us yearn for different things in life, many look for respect. You want prestigious job. A job which will make people look up to you is ideal for you. Professions such as Doctor and Social Workers are ones which brings in a lot of respect.

Career Motivator of Upasana



Aptitude Report

It may be true that with hard work and determination, one can perform well in any field. However, having an aptitude for that field can make things much easier. But what is aptitude? In the simplest of terms, Aptitude is nothing but the natural ease of learning something. And if that is there, a career journey can become very easy. Hence, it becomes essential that you know your aptitude and choose a career.

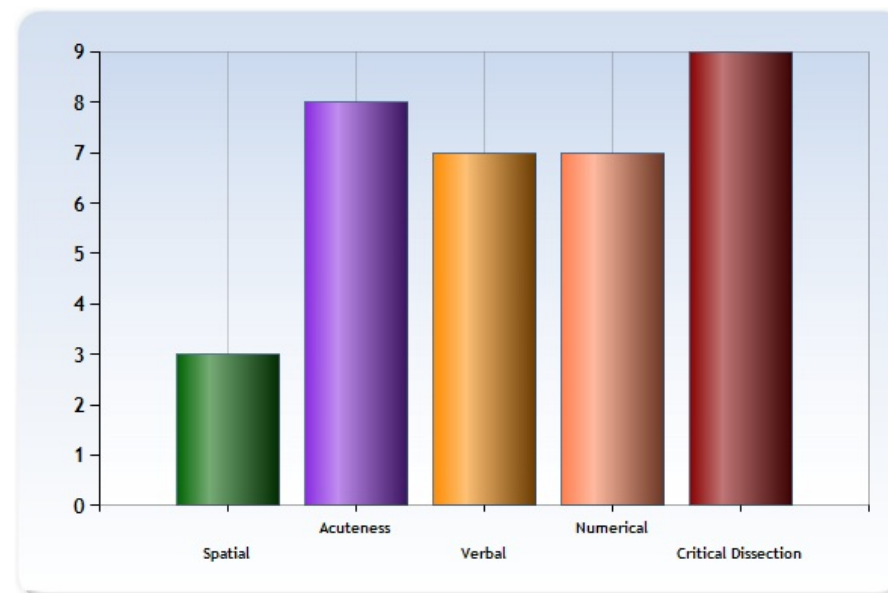
For example, if your verbal communication skills are at VERY GOOD level, which means have high aptitude in that. However, your writing skills or your body language may be at average level or even below average. In such case you need to focus more on the low aptitude areas. This is the advantage of specifically identifying the problem areas. It reduces the amount of effort you need to put on your training for the improvements.

Please find your associated scores for different Aptitude parameters

Aptitude Parameters of Upasana

Aptitude	Description	Score
Critical Dissection	It measures the ability of a person to analyze situations in best possible way. People with this aptitude are also characterized with easy convincing and influencing abilities. <ul style="list-style-type: none"> • Logical and convincing • Acute sense of analysis • Technical blend of mind 	9
Acuteness Aptitude	It measures how accurately and precisely one can do the given task. Can follow instructions quite effectively. They can attend a task or work in detail very easily. <ul style="list-style-type: none"> • Good Speed and Accuracy • Good Concentration • Good Observation Power • Can do repetitive tasks 	8
Numerical Aptitude	It measures the ability of a person to reason with numbers and to deal intelligently with quantitative measures. People with this aptitude are good in understanding, exploring and manipulating systems. <ul style="list-style-type: none"> • Scientific & Logical thinking • Comfortable with numbers • Can work alone for long • Good quantitative analysis 	7
Verbal Aptitude	It measures the ability of a person to use words in as effective manner as possible. People with this aptitude are good in expression and can easily build good vocabulary. <ul style="list-style-type: none"> • Good Communications • Has a good vocabulary • Can Easily Express Ideas • Likes reading/writing 	7
Spatial Aptitude	It measures the ability to visualize a 3D object from a 2D patterns. It suggests having great sense of form and symmetry and being good at imagination. <ul style="list-style-type: none"> • High degree of creativity • Sound observation power • Technical blend of mind • Good at imagination 	3

Aptitude Report of Upasana



Top Interest of Upasana

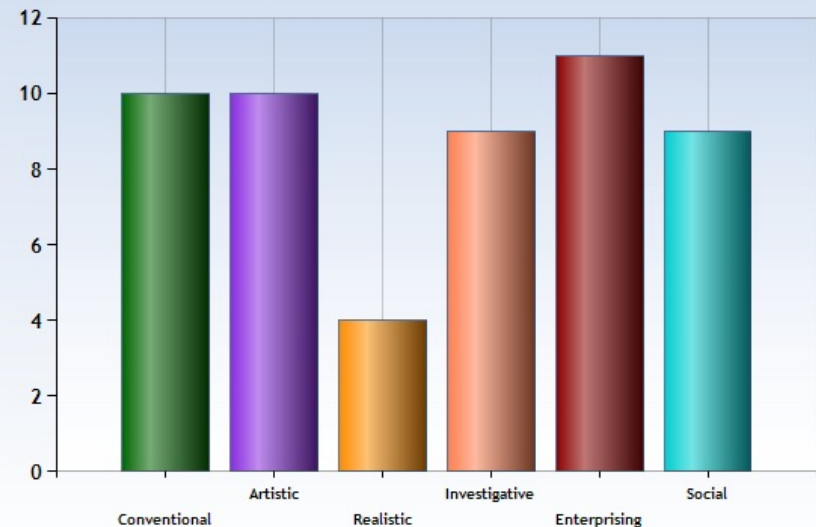
Take a moment to ask, **"What do I enjoy?"**

"Interests" are those activities you do for fun or enjoyment, including **what you like to read, the TV shows and movies you like to watch, events you like to attend, and the kind of people you admire and like to be with.**

Interest is important in choosing a career or occupation because interest keeps you motivated and engaged in your work. Since work takes up most of your time during a day and week, if you have no interest in what you are doing, you will most likely become unhappy and unproductive.

THEME	CODE	INTERESTS	VALUES
Enterprising	E	Business, politics, leadership, entrepreneurship, managing, persuading, marketing, verbal ability, ability to motivate	Risk taking, status, competition, influence
Artistic	A	Self-expressions, art, appreciation, communication, culture	Beauty, originality, independence, imagination
Conventional	C	Setting up procedures and systems, attention details, organising and keeping records	Accuracy, stability, efficiency

Interest Report of Upasana



Personality Report

We all have distinguished personality traits, like a few of us are more analytical in nature, while others may have an artistic bent of mind. One may be good at managing numbers, other may excel at handling people. These qualities in us can have a great impact on the career we choose. Hence, keeping in mind one's personality trait will help in making one's career easy. These inbuilt skills will help shape the career smoothly and the chosen job will not be a big task.

For example, someone who is introvert by nature will find it quite difficult to be in a sales job as the work requires a go-getter attitude. Yet another instance is someone without the sense of language appreciation will not be suitable for an editorial job.

Personality Type of Upasana

You are Imaginative + Deliberate + Passive + Solitary

You tend to be a supporting planner. You are solitary , intelligent , thoughtful , inquiring , aware , creative , insightful , loyal , sincere , sensitive , straightforward , direct.

Your Plus Points are:

- ✓ You are innovative
- ✓ You are devoted
- ✓ You are cautious

Your Improvement Points are:

- ✓ You are unadventurous
- ✓ Blunt
- ✓ Easily get embarrassed
