## Selfie!

• Nam	ne of the Stu	ident :				
• Date	of Birth	:				
• Mot	her's Name	:				
• Fath	Father's Name :					
• Fath	er's Occupa	ation :				
• Mot	her's Occup	oation :				
• Nucl	lear/Joint F	amily :	Annual Incom	ne:		
• No.	of Member	s in Family:	No. of Siblin	gs :	_	
		Sibling 1	Sibling 2	Sibling 3		
	Name					
	Age					
	Class					
	School					
Father's			Mother's Mob. No			
Father's	Email ID	:	Mother's Email	ID :		
Student'	s Email ID	:				
Medical	History:					
Height:		Weight:		BMI :		
Vision:		Blood Gr	oup :			
Allergic	to medicin	e 1:				
	medicin	e 2:				
	medicin	e 3:				
Are you	facing any	other problem that di	srupts your daily sched	ule?		

	<u>ACADEMICS</u>		
1. How many years have ye	ou been studying in this school?		
2. School and board you ha	ave previously studied? (If Applical	ble)	
3. Languages you can spea	k :		
4. Languages you can write	e :		
5. Rate your strength in each	ch subject from high to low:		
Subject 1		1 2 3	4 5
Subject 2		1 2 3	4 5
Subject 3		1 2 3	4 5
Subject 4		1 2 3	4 5
Subject 5		1 2 3	4 5
6. Your Favorite subject:			
	CAREER AND GOALS	<u>S</u>	
1. How do you want to con	atribute to the society in future?		
2. How do you want to vie	w yourself in 10-15 years?		
3. What is your career goal	?		

4. Why have yo	ou chosen this go	al?			
5. Have you set	any short term g	goals to achieve yo	our long term goa	als?	
6. What are the	skills and soft sk	xills required to ac	chieve your goals	?	
7. How do you	view yourself as	a Tipsean when y	ou leave the scho	ool?	
8. What are the	qualities of an id	deal student?			
9 How are you	planning to man	your career from	today?		
Course you would like to take	Colleges you prefer	Requirements to join the college	Benchmarks you meet	Benchmarks yet to reach	Steps to be taken
		ı	l	l	<u> </u>

## EXPECTATIONS FROM MY TEACHERS

NS - Not Sure

**CRITERIA** 

SA - Strongly Agree A - Agree

D – Disagree SD - Strongly disagree

S.No	Description	Eng	II lang	Maths	Phy	Che	Bio	Soc
1.	My teachers are	- SA	- SA	- SA	- SA	- SA	- SA	- SA
	interactive.	- A	- A	- A	- A	- A	- A	- A
		- NS	- NS	- NS	- NS	- NS	- NS	- NS
		- D	- D	- D	- D	- D	- D	- D
		- SD	- SD	- SD	- SD	- SD	- SD	- SD
2.	My class room is	- SA	- SA	- SA	- SA	- SA	- SA	- SA
	interesting and	- A	- A	- A	- A	- A	- A	- A
	lively.	- NS	- NS	- NS	- NS	- NS	- NS	- NS
		- D	- D	- D	- D	- D	- D	- D
		- SD	- SD	- SD	- SD	- SD	- SD	- SD
3.	My teachers are	- SA	- SA	- SA	- SA	- SA	- SA	- SA
	flexible	- A	- A	- A	- A	- A	- A	- A
		- NS	- NS	- NS	- NS	- NS	- NS	- NS
		- D	- D	- D	- D	- D	- D	- D
		- SD	- SD	- SD	- SD	- SD	- SD	- SD
4.	My teachers are	- SA	- SA	- SA	- SA	- SA	- SA	- SA
	available to clarify	- A	- A	- A	- A	- A	- A	- A
	my doubts	- NS	- NS	- NS	- NS	- NS	- NS	- NS
		- D	- D	- D	- D	- D	- D	- D
		- SD	- SD	- SD	- SD	- SD	- SD	- SD
5.	My teachers are using	- SA	- SA	- SA	- SA	- SA	- SA	- SA
	the <b>technology</b> .	- A	- A	- A	- A	- A	- A	- A
		- NS	- NS	- NS	- NS	- NS	- NS	- NS
		- D	- D	- D	- D	- D	- D	- D
		- SD	- SD	- SD	- SD	- SD	- SD	- SD
6.	My teachers are	- SA	- SA	- SA	- SA	- SA	- SA	- SA
	taking care of my	- A	- A	- A	- A	- A	- A	- A
	individual needs.	- NS	- NS	- NS	- NS	- NS	- NS	- NS
		- D	- D	- D	- D	- D	- D	- D
		- SD	- SD	- SD	- SD	- SD	- SD	- SD
7.	My class room is well	- SA	- SA	- SA	- SA	- SA	- SA	- SA
	disciplined	- A	- A	- A	- A	- A	- A	- A
		- NS	- NS	- NS	- NS	- NS	- NS	- NS
		- D	- D	- D	- D	- D	- D	- D
		- SD	- SD	- SD	- SD	- SD	- SD	- SD
	L			<u> </u>			1	<u> </u>

| 8.  | My teachers are allowing me to learn <b>beyond</b> the class room.               | - SA<br>- A<br>- NS<br>- D<br>- SD |
|-----|--|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|
| 9.  | My teachers are making corrective measures in correct situation on correct time. | - SA<br>- A<br>- NS<br>- D<br>- SD |
| 10. | My teachers are teaching the concept through morals and values.                  | - SA<br>- A<br>- NS<br>- D<br>- SD |
| 11. | My teachers are creating awareness about the social responsibilities.            | - SA<br>- A<br>- NS<br>- D<br>- SD |
| 12. | My teachers are linking the concept to the real life situation.                  | - SA<br>- A<br>- NS<br>- D<br>- SD |
| 13. | My teachers are updated.   | - SA<br>- A<br>- NS<br>- D<br>- SD |
| 14. | My teachers are my role models.  | - SA<br>- A<br>- NS<br>- D<br>- SD |

•	My overall expectations from my teachers

## **KNOWING YOURSELF!**

Your name/ Petname?
Describe yourself in three sentences.
Describe your daily routine.
What are your hobbies?
If you could live anywhere, where would it be?
What would be the one thing you would like to change about yourself?
What is your deepest fear?
What is your favourite thing to wear?
Your favourite food?

10.	Favourite friend?
11.	Favorite place in school? And why?
12.	Favorite teacher? And why?
13.	Best day of our school?
14.	Happiest day in school?
15.	Irritated day in school?
16.	My nature in school?
17.	Saddest day in school?
18.	Unforgettable school day's incident forever?
19.	Who is your best friend? and why?

21.	Who's your real hero?
22.	Apart from your parents, who is (has been) your greatest influence? Why?
23.	Are you happy with your life for the most part right now?
24.	Describe an ideal weekend.
25.	If you had only one year left to live, what would you do? Why?
	If you had to choose between money, fame and freedom; what would you choose and why?
27.	In your reign as title holder, how would you serve as a role model for children?
28.	If you could live any time in the past, present or future, when would you live? Why?

0111	Do you like a lake or the ocean more?
32. V	Write down a wish (a real one).
33. Y	Your favourite movie?
34. Y	Your favourite tourist spot?
35. Y	Your favourite sport?
- 36. Y	Your favourite cartoon?
_	VALUES
•	The values/qualities you like from
•	Teachers
•	Parents
	Friends
•	
•	The quality/ qualities you learned from your school

## EMOTIONAL BALANCE

Have you ever thought
1. Do my actions hurt others? Like what?
2. What are my actions that make my family members disappointed ?
3. Do I help my friends at any cost ?
4. Have you appreciated your family members?
Wish  1. Who are the two people (alive/dead) you like to talk to and why?
2. What are the two new things you would like to learn?
Strength and Weakness
1. Each of us is unique and possess special character traits. But it is important for us to recognizand appreciate them.
Write down five positive character traits about yourself, which you truly appreciate as strengths

2. Write five sen	ntences about the areas that you need to improve upon your weakness.
3. What would y	you like to become when you grow up? Why?
	ortant goals for 2019-2020.
	b c
5. When do you	get angry:
6. In general why	y do people get angry?
7. Can you sugge	est some positive way to deal with anger ?

10. Ho	w do you deal with stress. Mention any hobbies/ actions.
11. Wh	nat problems do you face daily in school or at home? Has any technique helped you to solv
12. Wh	nen you face any problem do you like to look at alternatives /solutions or you let the m go?