

Your Personality



Your personality type is ENFJ:

Introversion Extraversion

Introversion (I) vs. Extraversion (E)

How we interact with the world and where we direct our energy.

Introversion

- Focus attention inward
- Enjoy tasks that require concentration
- Work best on one project at a time
- Work at a careful, steady pace
- Consider things fully before speaking

Extraversion

- Focus attention outward
- Enjoy a variety of tasks
- Seek out and need other people
- Work at a rapid pace
- Need to talk through their ideas





Sensing (S) vs iNtuition (N)

What kind of information we naturally focus on and remember.

Sensing

- Focus on "what is"
- Like working with what can be seen and touched
- Apply past experience to solving problems
- Need specific and realistic directions

iNtuition

- Focus on "what could be"
- Enjoy theory and speculation
- Like thinking about the future and possibilities
- Need to use their imagination





Thinking (T) vs. Feeling (F)

Make decisions logically and impersonally, or use personal values.

Thinking

- Are motivated by achievement
- Enjoy analyzing problems logically
- Make fair and unbiased decisions
- Need to weigh the pros and cons to make decisions
- Can be tough negotiators

Feeling

- Motivated by work that is meaningful
- Sensitive to how issues affect people
- Like helping others and being appreciated
- Need decisions to be congruent with their values
- Need to work in a friendly environment





Judging (J) vs. Perceiving (P)

More structured (finalize decisions) or more spontaneous (keep options open).

Judging

- Enjoy work that allows them to make decisions
- Prefer a predictable work pattern and environment
- Work towards completing their responsibilities before relaxing
- Like to maintain control of their projects

Perceiving

- Enjoy flexible and changing work situations
- Like to be able to respond to problems as they arise
- Are more satisfied with fewer rules and procedures
- Need to have fun in their work

Your Personality Profile

Warm, outgoing and talkative, you make friends easily and are often popular and well-liked. You are enthusiastic and cheerful. You care deeply for family and friends, and express your feelings through words and actions. People often comment on your ease with language. You have strong beliefs and opinions, which you express tactfully.

You are very empathetic and have an innate sense for what other people are feeling. Tension or conflicts make you very uncomfortable, so you try hard to please others and to bring order to those who are in dispute. You hate direct confrontation and will soften your message or avoid being entirely honest if it helps to maintain harmony and prevent bruising others' feelings. Your own feelings are easily hurt, so you have difficulty accepting even the most constructive criticism.

Creative and often imaginative, you may love learning, daydreaming and entertaining others with your many artistic talents. You are quick-witted and good at putting ideas together. Organized and productive, you feel energized by completing projects and gain a lot of satisfaction from it.

You like to be in charge and can usually come up with a plan, even for complex projects. But you tend to become annoyed if people try to interfere with your strategy.

You like to know what's expected of you and care about what others think. You find it very hard to remain calm and objective when you're upset. You're a very sensitive person; being so insightful about others is both a blessing and a curse.

You described your profile as:



Learning









Strengths

	<i>9</i>		.
V	Interest in many		Dislike studying alone
	topics	J	May be too focused on big
	Creative	ı.v	picture
V	Well-planned and		Need encouragement,
	organized		recognition
V	Collaborative, like group work, discussion		Take criticism
	Understand abstract theory, complex		personally
	information		Self-critical
П	Enjoy reading, capable speaker and		Need respect for
_	writer		values
	Enjoy deeper learning		

Recommendations

The following recommendations are based on your results. Consider each and select the ones you think would work best for you.

Challenges

For Learning Activities

- You're a "big picture" thinker. You like to consider ideas, possibilities and perspectives, especially those that relate to serving the community or helping people develop their potential. Try not to get so engrossed in the big issues that you neglect the facts and details called for in your assignments. Review the requirements and make sure you've got them covered.
- You need an organized learning environment. You like your material to be well-planned and orderly and you need to be clear about what's expected of you. If you don't have all the information you need, talk to your instructor.
- You may want to approach larger assignments as projects. Write down the due date and list the key tasks underneath. Assign a priority and deadline to each one. Use a calendar or to-do list to track your tasks and check them off as they are completed.
- You are probably an enthusiastic student with varied interests. Ask your instructor if there are activities you can do to learn more about your favorite subjects and have them apply to your grade. Be ready to suggest some possibilities. For example, perhaps you can think of ways to use your ability to speak or write creatively. If there are projects you can lead, or work on with a group of classmates, even better.
- ▼ Talk to others about opinions, concepts and assignments. You learn best when discussing things and interacting with people. Look for ways to engage with others through team activities, classroom discussion, debate, contests, brainstorming, project work and group study. When thinking about new ideas or possibilities, you may need some time alone at first to reflect.
- You like to receive regular encouragement from your instructor. Make it clear that you appreciate feedback that it helps you to know if you're accomplishing your academic goals. But be prepared to hear constructive criticism too. Remember that all feedback is intended to help you learn and grow. Try to set aside any emotional reaction and think about how you can use corrective feedback to improve.

For Learning Environments

	You learn best in an educational setting that offers a welcoming, supportive environment where you can interact and
	collaborate with others. Seek out instructors who are friendly, encouraging and involved.
	Look for an academically challenging program that is directly connected to your major. Pursue interests in areas that
	are consistent with your personal values. Some examples could include arts and culture, civic engagement, social
	justice, activism, humanitarian concerns and community services.
П	Apply for community-oriented internships, co-ops or work-study programs that will allow you to be of service to
	others and develop your leadership ability.

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building and leadership skills and receive public recognition for your efforts. Some examples could include religious, minority or cause-based groups, campus clubs and organizations, student government or the student newspaper, radio or TV station.

Work and Productivity









	rengths	Cl	nallenges
V	Innovative		May lack objectivity
	Responsible		Hasty decisions
V	Enthusiastic	V	Need interaction
V	Organized	V	
V	Strong sense of purpose		overcommitted Need
V	Motivated		autonomy
	Like to take		Dislike tension,
	charge		competition
		V	Distracted by others' needs
Re	ecommendations		
	e following recommendations are based on your results. st for you.	Cor	nsider each and select the ones you think would work
	ur Preferred Environment		
V	Uses your creativity to develop original solutions that se things should be, you have a sense of mission in life. If yo outside of work through volunteering, charity work or o	our	career doesn't fulfil this need, look for ways to satisfy it
V	Makes good use of your energy and productivity. Organ get things done.		
			rganized structure within which to work, and the freedom ponsibilities, but dislike senseless policies that get in the
V	Takes place in a positive, supportive and conflict-free se others.	ttin	g where you can establish warm social relationships with
	Recognizes your contributions. You need supportive feed workplace that appreciates what you do.	edba	ack and encouragement and will be happier in a
V	Provides opportunities for a leadership or decision-mak good at identifying people's special abilities and workin charisma and concern, you are ideally suited to connect	g to	gether with them to accomplish tasks. With your passion
Fo	r Growth and Development		
	too quickly, anxious to conclude a task and move on to values and the effect your choice will have on others. Ta manner and think carefully about all of the potential co	the ke t nse	ime to consider your options in a logical and objective quences.
	to handle many different things at once. But in your des	sire an I	very capable multi-tasker, good at what you do and able to be productive and helpful to others, you risk taking on leave you feeling overwhelmed and unappreciated. Before complete it.
	Try to avoid the impulse to jump in and take over some support them in doing the work themselves.	one	else's work. Instead, take on a mentorship role and
	Don't hesitate to ask for help. When necessary, use your your colleagues.	del	legating skills to ensure the workload is fairly shared with

Communication









St	rengths
	Articulate
	Tactful and diplomatic
V	Clear and focused
V	Insightful, empathetic
V	Good listener
V	Good public speaker
	Highly developed social skills

Cha	llen	ges

Reluctant to provide honest corrective feedback

Speak in abstract terms

Take criticism personally

May be too emotional

■ Too subjective

Recommendations

The following recommendations are based on your results. Consider each and select the ones you think would work best for you.

For Sending and Receiving Communication

- Your values and ideas are very important to you and you can probably express them in an articulate and powerful way. You can use this ability to create an emotional connection with others and present a compelling argument for your point of view.
- You have no difficulty grasping complex concepts and are usually good at explaining them. Keep in mind, however, that not everyone has your facility for understanding theory and deep ideas. To make it easier for your audience to understand and follow along, try to use objective, everyday language and present your ideas in an orderly, logical manner.
- You don't like to offend people, and that can make it difficult to provide others with corrective feedback. Remember that feedback is necessary to help people learn and grow. Try to form a clear and straightforward message and avoid coming across as harsh or judgmental. Think about how you can deliver the message in a truthful, positive way that shows respect for the other person and keeps the focus on correcting the problem.
- Similarly, when you're the recipient of constructive criticism, remind yourself that it's not a personal attack. The feedback is intended to help you improve. Focus on the problematic issue or behavior, and work towards addressing it.
- Deeply empathetic, you have a remarkable ability to read others' motives and feelings. But constantly dealing with people's problems can be draining for you. Try not to get so emotionally involved that you neglect your own needs. If necessary, take some time to unwind and reflect. Spend time participating in activities you enjoy and catching up with friends.

Working with Others









Strengths	Challenges		
Encourage and support the group	Repress feelings for the sake of		
▽ Dependable	others		
Perceptive	Overly idealistic		
Interested in others' ideas	May try to control others		
Kind, caring, compassionate	Overprotective, can be		
▼ Selfless	stifling		
	Dislike		
I.Y.	conflict		

Recommendations

The following recommendations are based on your results. Consider each and select the ones you think would work best for you.

For Interacting with Others

- A natural leader, you excel at bringing people together, encouraging discussion and building consensus. Whether leading a team or having a one-on-one discussion, you can use your strengths to be a positive role model, to influence and inspire.
- Keep your eye on the task at hand. You may be so focused on the interpersonal workings of your team that you forget about the main goal you are all working on!
- Demanding of yourself and others, try not to be disappointed if people let you down or fail to meet your expectations. Not everyone has your values or commitment. Accept that people have differing priorities and don't blame yourself.
- Recognize that you can't save the world. You risk getting too caught up in trying to fix everyone's problems, which can take an emotional and physical toll on you. Also, some people may feel smothered or manipulated and will push you away. Allow people to make their own decisions and learn from their mistakes.
- Learn to meet challenges head-on instead of avoiding them. You tend to do whatever is necessary to avoid conflict. You may even agree to something you don't like, just to restore a sense of harmony. That will only result in making you unhappy and will leave the problem unresolved. Use your creativity and insight to come up with a resolution that works best for everyone.

For Filling a Role

Facilitator: promoting goodwill, building rapport, supporting and encouraging the group in completing tasks,
recognizing contributions, keeping things positive.

Explorer: looking for new and better ways of doing things, brainstorming ideas, encouraging others to use their talents and be innovative, exploring all the possibilities.

Originator: developing new ideas, perspectives and solutions, predicting and strategizing for what is to come, and creating a long-term vision.

Career and Pathways



The careers listed below are all linked to your assessment results, with the careers at the top being the best match for your profile.

Personality Results

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Emergency Management Directors	Government and Public Administration	
Urban and Regional Planners	Government and Public Administration	
Equal Opportunity Representatives and Officers	Government and Public Administration	
Financial Examiners	Government and Public Administration	
Postmasters and Mail Superintendents	Government and Public Administration	
Regulatory Affairs Specialists	Government and Public Administration	
Tax Examiners and Collectors, and Revenue Agents	Government and Public Administration	
Eligibility Interviewers, Government Programs	Government and Public Administration	
Licensing Examiners and Inspectors	Government and Public Administration	
Municipal Clerks	Government and Public Administration	
Government Property Inspectors and Investigators	Government and Public Administration	
Statistical Assistants	Government and Public Administration	
Occupational Health and Safety Specialists	Government and Public Administration	
Coroners	Government and Public Administration	
License Clerks	Government and Public Administration	
Purchasing Agents, Except Wholesale, Retail, and Farm Products	Manufacturing	
First-Line Supervisors of Mechanics, Installers, and Repairers	Manufacturing	
First-Line Supervisors of Production and Operating Workers	Manufacturing	
Production, Planning, and Expediting Clerks	Manufacturing	
Industrial Engineering Technologists	Manufacturing	
Architects, Except Landscape and Naval	Architecture and Construction	
Construction Managers	Architecture and Construction	

Interior Designers	Architecture and Construction	
Landscape Architects	Architecture and Construction	
First-Line Supervisors of Landscaping, Lawn Service, and Groundskeeping Workers	Architecture and Construction	
Solar Energy Installation Managers	Architecture and Construction	
First-Line Supervisors of Construction Trades and Extraction Workers	Architecture and Construction	
Cost Estimators	Architecture and Construction	
Civil Engineers	Architecture and Construction	
Architectural Drafters	Architecture and Construction	
Program Directors	Arts, Audio/Video Technology and Communications	
Music Directors	Arts, Audio/Video Technology and Communications	
Directors- Stage, Motion Pictures, Television, and Radio	Arts, Audio/Video Technology and Communications	
Producers	Arts, Audio/Video Technology and Communications	
Broadcast News Analysts	Arts, Audio/Video Technology and Communications	
Art Directors	Arts, Audio/Video Technology and Communications	
Agents and Business Managers of Artists, Performers, and Athletes	Arts, Audio/Video Technology and Communications	
Talent Directors	Arts, Audio/Video Technology and Communications	
Technical Directors/Managers	Arts, Audio/Video Technology and Communications	
Copy Writers	Arts, Audio/Video Technology and Communications	
Fashion Designers	Arts, Audio/Video Technology and Communications	
Editors	Arts, Audio/Video Technology and Communications	
Set and Exhibit Designers	Arts, Audio/Video Technology and Communications	
Radio and Television Announcers	Arts, Audio/Video Technology and Communications	
Actors	Arts, Audio/Video Technology and Communications	
Training and Development Managers	Business Management and Administration	
Human Resources Managers	Business Management and Administration	

Chief Executives	Business Management and Administration	
Training and Development Specialists	Business Management and Administration	Ö •••••
Fundraisers	Business Management and Administration	
Industrial Production Managers	Business Management and Administration	
Management Analysts	Business Management and Administration	**
Loss Prevention Managers	Business Management and Administration	**
Meeting, Convention, and Event Planners	Business Management and Administration	
Purchasing Managers	Business Management and Administration	
Security Managers	Business Management and Administration	
Business Continuity Planners	Business Management and Administration	**
Labor Relations Specialists	Business Management and Administration	
General and Operations Managers	Business Management and Administration	**
Regulatory Affairs Managers	Business Management and Administration	**
Judges, Magistrate Judges, and Magistrates	Law, Public Safety, Corrections and Security	
Lawyers	Law, Public Safety, Corrections and Security	**
Arbitrators, Mediators, and Conciliators	Law, Public Safety, Corrections and Security	
First-Line Supervisors of Police and Detectives	Law, Public Safety, Corrections and Security	
Probation Officers and Correctional Treatment Specialists	Law, Public Safety, Corrections and Security	
Administrative Law Judges, Adjudicators, and Hearing Officers	Law, Public Safety, Corrections and Security	₩ •111
Municipal Fire Fighting and Prevention Supervisors	Law, Public Safety, Corrections and Security	
First-Line Supervisors of Correctional Officers	Law, Public Safety, Corrections and Security	
Criminal Investigators and Special Agents	Law, Public Safety, Corrections and Security	
Forest Fire Fighting and Prevention Supervisors	Law, Public Safety, Corrections and Security	

Emergency Medical Technicians and Paramedics	Law, Public Safety, Corrections and Security	
Police Detectives	Law, Public Safety, Corrections and Security	
Sheriffs and Deputy Sheriffs	Law, Public Safety, Corrections and Security	
Police Patrol Officers	Law, Public Safety, Corrections and Security	
Private Detectives and Investigators	Law, Public Safety, Corrections and Security	
Architectural and Engineering Managers	Science, Technology, Engineering and Mathematics	
Park Naturalists	Science, Technology, Engineering and Mathematics	
Survey Researchers	Science, Technology, Engineering and Mathematics	
Clinical Data Managers	Science, Technology, Engineering and Mathematics	
City and Regional Planning Aides	Science, Technology, Engineering and Mathematics	
Anthropologists	Science, Technology, Engineering and Mathematics	
Soil and Water Conservationists	Science, Technology, Engineering and Mathematics	
Computer and Information Research Scientists	Science, Technology, Engineering and Mathematics	
Environmental Restoration Planners	Science, Technology, Engineering and Mathematics	
Transportation Planners	Science, Technology, Engineering and Mathematics	
Geneticists	Science, Technology, Engineering and Mathematics	
Climate Change Analysts	Science, Technology, Engineering and Mathematics	
Industrial Safety and Health Engineers	Science, Technology, Engineering and Mathematics	
Historians	Science, Technology, Engineering and Mathematics	
Sociologists	Science, Technology, Engineering and Mathematics	