

## **Your Personality**



### Your personality type is ENFJ:

Introversion Extraversion

## Introversion (I) vs. Extraversion (E)

How we interact with the world and where we direct our energy.

#### **Introversion**

- Focus attention inward
- Enjoy tasks that require concentration
- Work best on one project at a time
- Work at a careful, steady pace
- Consider things fully before speaking

#### **Extraversion**

- Focus attention outward
- Enjoy a variety of tasks
- Seek out and need other people
- Work at a rapid pace
- Need to talk through their ideas





## Sensing (S) vs iNtuition (N)

What kind of information we naturally focus on and remember.

#### Sensing

- Focus on "what is"
- · Like working with what can be seen and touched
- Apply past experience to solving problems
- Need specific and realistic directions

#### iNtuition

- Focus on "what could be"
- Enjoy theory and speculation
- Like thinking about the future and possibilities
- Need to use their imagination





## Thinking (T) vs. Feeling (F)

Make decisions logically and impersonally, or use personal values.

#### Thinking

- Are motivated by achievement
- Enjoy analyzing problems logically
- Make fair and unbiased decisions
- Need to weigh the pros and cons to make decisions
- Can be tough negotiators

### **Feeling**

- Motivated by work that is meaningful
- Sensitive to how issues affect people
- · Like helping others and being appreciated
- Need decisions to be congruent with their values
- Need to work in a friendly environment



## Judging (J) vs. Perceiving (P)

More structured (finalize decisions) or more spontaneous (keep options open).

### **Judging**

- Enjoy work that allows them to make decisions
- Prefer a predictable work pattern and environment
- Work towards completing their responsibilities before relaxing
- Like to maintain control of their projects

#### **Perceiving**

- Enjoy flexible and changing work situations
- Like to be able to respond to problems as they arise
- Are more satisfied with fewer rules and procedures
- Need to have fun in their work

### **Your Personality Profile**

Warm, outgoing and talkative, you make friends easily and are often popular and well-liked. You are enthusiastic and cheerful. You care deeply for family and friends, and express your feelings through words and actions. People often comment on your ease with language. You have strong beliefs and opinions, which you express tactfully.

You are very empathetic and have an innate sense for what other people are feeling. Tension or conflicts make you very uncomfortable, so you try hard to please others and to bring order to those who are in dispute. You hate direct confrontation and will soften your message or avoid being entirely honest if it helps to maintain harmony and prevent bruising others' feelings. Your own feelings are easily hurt, so you have difficulty accepting even the most constructive criticism.

Creative and often imaginative, you may love learning, daydreaming and entertaining others with your many artistic talents. You are quick-witted and good at putting ideas together. Organized and productive, you feel energized by completing projects and gain a lot of satisfaction from it.

You like to be in charge and can usually come up with a plan, even for complex projects. But you tend to become annoyed if people try to interfere with your strategy.

You like to know what's expected of you and care about what others think. You find it very hard to remain calm and objective when you're upset. You're a very sensitive person; being so insightful about others is both a blessing and a curse.

You described your profile as:



# Learning









# Strengths

Strengths	Challenges
Interest in many	Dislike studying alone
topics	May be too focused on big
☐ Creative	picture
Well-planned and organized	<ul><li>Need encouragement, recognition</li></ul>
Collaborative, like group work, discussion	☐ Take criticism
Understand abstract theory, complex	personally
information	Self-critical
Enjoy reading, capable speaker and writer	Need respect for values
Enjoy deeper learning	
Recommendations	
The following recommendations are based on your results. best for you.	Consider each and select the ones you think would work
For Learning Activities	
	possibilities and perspectives, especially those that relate to
	potential. Try not to get so engrossed in the big issues that
you neglect the facts and details called for in your assignment them covered.	nments. Review the requirements and make sure you've got
	our material to be well-planned and orderly and you need to
be clear about what's expected of you. If you don't have	all the information you need, talk to your instructor.
You may want to approach larger assignments as project	
them off as they are completed.	Use a calendar or to-do list to track your tasks and check
	terests. Ask your instructor if there are activities you can do to
	apply to your grade. Be ready to suggest some possibilities.
	ability to speak or write creatively. If there are projects you
can lead, or work on with a group of classmates, even be	etter.
	ts. You learn best when discussing things and interacting
	gh team activities, classroom discussion, debate, contests,
time alone at first to reflect.	nking about new ideas or possibilities, you may need some
	structor. Make it clear that you appreciate feedback — that it
	ic goals. But be prepared to hear constructive criticism too.
	rn and grow. Try to set aside any emotional reaction and
think about how you can use corrective feedback to imp	prove.
For Learning Environments	
•	lcoming, supportive environment where you can interact and
collaborate with others. Seek out instructors who are frie	
$\ensuremath{\overline{\wp}}$ Look for an academically challenging program that is d	rectly connected to your major. Pursue interests in areas that
	es could include arts and culture, civic engagement, social
justice, activism, humanitarian concerns and communit	
Apply for community-oriented internships, co-ops or wo	ork-study programs that will allow you to be of service to
others and develop your leadership ability.	

☐ Get involved in extracurricular and volunteer activities that will allow you to help others in actice your consensus-

L	building and leaders	carricular and volunteer hip skills and receive pu ised groups, campus clu	blic recognition for yo	ur efforts. Some exam	ples could include religi	ious,

# **Work and Productivity**

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Strengths	Challenges
Innovative	May lack objectivity
Responsible	Hasty decisions
☐ Enthusiastic	□ Need interaction
☐ Organized	Tend to become
Strong sense of purpose	overcommitted
✓ Motivated	Need
Like to take	autonomy  Dielike tension
charge	Dislike tension, competition
	Distracted by others' needs
Recommendations	
The following recommendations are based of best for you.	on your results. Consider each and select the ones you think would work
<ul> <li>things should be, you have a sense of mis outside of work through volunteering, ch</li> <li>Makes good use of your energy and prod get things done.</li> <li>Provides you with detailed expectations, to complete your tasks. You like to have oway of productivity.</li> <li>Takes place in a positive, supportive and others.</li> <li>Recognizes your contributions. You need workplace that appreciates what you do.</li> <li>Provides opportunities for a leadership or</li> </ul>	r decision-making role. A skilled organizer and consensus builder, you are
charisma and concern, you are ideally sui	ies and working together with them to accomplish tasks. With your passion ited to connect with others and inspire them to achieve amazing things!
too quickly, anxious to conclude a task ar values and the effect your choice will hav manner and think carefully about all of th	
to handle many different things at once.	d abilities. You're a very capable multi-tasker, good at what you do and able But in your desire to be productive and helpful to others, you risk taking on asibilities. This can leave you feeling overwhelmed and unappreciated. Before a time and skills to complete it.
Try to avoid the impulse to jump in and to support them in doing the work themsel	ake over someone else's work. Instead, take on a mentorship role and lves.
Don't hesitate to ask for help. When nece your colleagues.	essary, use your delegating skills to ensure the workload is fairly shared with

## Communication









Strengths	Challenges	
Articulate	Reluctant to provide honest corrective	
☐ Tactful and diplomatic	feedback	
Clear and focused	Speak in abstract	
	terms	
Insightful, empathetic		
Good listener	personally	
Good public speaker	May be too	
☐ Highly developed social skills	emotional	
	Too subjective	

#### Recommendations

The following recommendations are based on your results. Consider each and select the ones you think would work best for you.

#### For Sending and Receiving Communication

- Your values and ideas are very important to you and you can probably express them in an articulate and powerful way. You can use this ability to create an emotional connection with others and present a compelling argument for your point of view.
- You have no difficulty grasping complex concepts and are usually good at explaining them. Keep in mind, however, that not everyone has your facility for understanding theory and deep ideas. To make it easier for your audience to understand and follow along, try to use objective, everyday language and present your ideas in an orderly, logical manner.
- You don't like to offend people, and that can make it difficult to provide others with corrective feedback. Remember that feedback is necessary to help people learn and grow. Try to form a clear and straightforward message and avoid coming across as harsh or judgmental. Think about how you can deliver the message in a truthful, positive way that shows respect for the other person and keeps the focus on correcting the problem.
- Similarly, when you're the recipient of constructive criticism, remind yourself that it's not a personal attack. The feedback is intended to help you improve. Focus on the problematic issue or behavior, and work towards addressing it
- Deeply empathetic, you have a remarkable ability to read others' motives and feelings. But constantly dealing with people's problems can be draining for you. Try not to get so emotionally involved that you neglect your own needs. If necessary, take some time to unwind and reflect. Spend time participating in activities you enjoy and catching up with friends.

# **Working with Others**

talents and be innovative, exploring all the possibilities.

creating a long-term vision.









Strengths	Challenges
Encourage and support the group	Repress feelings for the sake of
☐ Dependable	others
Perceptive	Overly idealistic
Interested in others' ideas	May try to control
Kind, caring, compassionate	others  Overprotective, can be
Selfless	stifling
Persuasive	Dislike conflict
Recommendations	
The following recommendations are based on your results. best for you. $ \\$	Consider each and select the ones you think would work
blame yourself.  Recognize that you can't save the world. You risk getting can take an emotional and physical toll on you. Also, sor you away. Allow people to make their own decisions and Learn to meet challenges head-on instead of avoiding the You may even agree to something you don't like, just to	can use your strengths to be a positive role model, to sed on the interpersonal workings of your team that you pinted if people let you down or fail to meet your nent. Accept that people have differing priorities and don't g too caught up in trying to fix everyone's problems, which me people may feel smothered or manipulated and will push
For Filling a Role	
<b>Facilitator</b> : promoting goodwill, building rapport, support recognizing contributions, keeping things positive.	orting and encouraging the group in completing tasks,
<b>Explorer</b> : looking for new and better ways of doing thing	gs, brainstorming ideas, encouraging others to use their

Originator: developing new ideas, perspectives and solutions, predicting and strategizing for what is to come, and

# **Career and Pathways**



The careers listed below are all linked to your assessment results, with the careers at the top being the best match for your profile.

### **Personality Results**

Personality Results		
Architects, Except Landscape and Naval	Architecture and Construction	
Construction Managers	Architecture and Construction	
Interior Designers	Architecture and Construction	
Landscape Architects	Architecture and Construction	
First-Line Supervisors of Landscaping, Lawn Service, and Groundskeeping Workers	Architecture and Construction	
Solar Energy Installation Managers	Architecture and Construction	
First-Line Supervisors of Construction Trades and Extraction Workers	Architecture and Construction	
Cost Estimators	Architecture and Construction	
Civil Engineers	Architecture and Construction	
Architectural Drafters	Architecture and Construction	
Training and Development Managers	Business Management and Administration	
Human Resources Managers	Business Management and Administration	
Chief Executives	Business Management and Administration	
Training and Development Specialists	Business Management and Administration	
Fundraisers	Business Management and Administration	
Industrial Production Managers	Business Management and Administration	
Management Analysts	Business Management and Administration	
Loss Prevention Managers	Business Management and Administration	
Meeting, Convention, and Event Planners	Business Management and Administration	
Purchasing Managers	Business Management and Administration	
Security Managers	Business Management and Administration	
Business Continuity Planners	Business Management and Administration	
Labor Relations Specialists	Business Management and Administration	

General and Operations Managers	Business Management and Administration	
Regulatory Affairs Managers	Business Management and Administration	
Emergency Management Directors	Government and Public Administration	
Urban and Regional Planners	Government and Public Administration	
Equal Opportunity Representatives and Officers	Government and Public Administration	
Financial Examiners	Government and Public Administration	
Postmasters and Mail Superintendents	Government and Public Administration	
Regulatory Affairs Specialists	Government and Public Administration	
Tax Examiners and Collectors, and Revenue Agents	Government and Public Administration	
Eligibility Interviewers, Government Programs	Government and Public Administration	
Licensing Examiners and Inspectors	Government and Public Administration	
Municipal Clerks	Government and Public Administration	
Government Property Inspectors and Investigators	Government and Public Administration	
Statistical Assistants	Government and Public Administration	
Occupational Health and Safety Specialists	Government and Public Administration	
Coroners	Government and Public Administration	
License Clerks	Government and Public Administration	
Lodging Managers	Hospitality and Tourism	
Recreation Workers	Hospitality and Tourism	
Food Service Managers	Hospitality and Tourism	
Gaming Managers	Hospitality and Tourism	
Concierges	Hospitality and Tourism	
Chefs and Head Cooks	Hospitality and Tourism	
Travel Guides	Hospitality and Tourism	
Gaming Supervisors	Hospitality and Tourism	
First-Line Supervisors of Food Preparation and Serving Workers	Hospitality and Tourism	
Tour Guides and Escorts	Hospitality and Tourism	

Travel Agents	Hospitality and Tourism	
First-Line Supervisors of Housekeeping and Janitorial Workers	Hospitality and Tourism	
Reservation and Transportation Ticket Agents and Travel Clerks	Hospitality and Tourism	
Hotel, Motel, and Resort Desk Clerks	Hospitality and Tourism	
Bartenders	Hospitality and Tourism	
Social and Community Service Managers	Human Services	
Directors, Religious Activities and Education	Human Services	
Mental Health Counselors	Human Services	
Counseling Psychologists	Human Services	
Mental Health and Substance Abuse Social Workers	Human Services	
Marriage and Family Therapists	Human Services	
Rehabilitation Counselors	Human Services	
Substance Abuse and Behavioral Disorder Counselors	Human Services	
Child, Family, and School Social Workers	Human Services	
Community Health Workers	Human Services	
Health Educators	Human Services	
Clinical Psychologists	Human Services	
School Psychologists	Human Services	
Spa Managers	Human Services	
Industrial-Organizational Psychologists	Human Services	
Judges, Magistrate Judges, and Magistrates	Law, Public Safety, Corrections and Security	
Lawyers	Law, Public Safety, Corrections and Security	<b>*</b> ••••••••••••••••••••••••••••••••••••
Arbitrators, Mediators, and Conciliators	Law, Public Safety, Corrections and Security	
First-Line Supervisors of Police and Detectives	Law, Public Safety, Corrections and Security	
Probation Officers and Correctional Treatment Specialists	Law, Public Safety, Corrections and Security	
Administrative Law Judges, Adjudicators, and Hearing Officers	Law, Public Safety, Corrections and Security	
Municipal Fire Fighting and Prevention Supervisors	Law, Public Safety, Corrections and Security	
First-Line Supervisors of Correctional Officers	Law, Public Safety, Corrections and Security	
Criminal Investigators and Special Agents	Law, Public Safety, Corrections and Security	
Forest Fire Fighting and Prevention Supervisors	Law, Public Safety, Corrections and Security	

Emergency Medical Technicians and Paramedics	Law, Public Safety, Corrections and Security	
Police Detectives	Law, Public Safety, Corrections and Security	
Sheriffs and Deputy Sheriffs	Law, Public Safety, Corrections and Security	
Police Patrol Officers	Law, Public Safety, Corrections and Security	
Private Detectives and Investigators	Law, Public Safety, Corrections and Security	
Purchasing Agents, Except Wholesale, Retail, and Farm Products	Manufacturing	
First-Line Supervisors of Mechanics, Installers, and Repairers	Manufacturing	
First-Line Supervisors of Production and Operating Workers	Manufacturing	
Production, Planning, and Expediting Clerks	Manufacturing	
Industrial Engineering Technologists	Manufacturing	
First-Line Supervisors of Non-Retail Sales Workers	Marketing	
Sales Managers	Marketing	
Public Relations and Fundraising Managers	Marketing	
Marketing Managers	Marketing	
Public Relations Specialists	Marketing	