

## **Your Personality**



### Your personality type is INFJ:





## Introversion (I) vs. Extraversion (E)

How we interact with the world and where we direct our energy.

#### Introversion

- Focus attention inward
- Enjoy tasks that require concentration
- Work best on one project at a time
- Work at a careful, steady pace
- Consider things fully before speaking

#### **Extraversion**

- Focus attention outward
- Enjoy a variety of tasks
- Seek out and need other people
- Work at a rapid pace
- Need to talk through their ideas





## Sensing (S) vs iNtuition (N)

What kind of information we naturally focus on and remember.

#### Sensing

- Focus on "what is"
- Like working with what can be seen and touched
- Apply past experience to solving problems
- Need specific and realistic directions

#### iNtuition

- Focus on "what could be"
- Enjoy theory and speculation
- Like thinking about the future and possibilities
- Need to use their imagination





## Thinking (T) vs. Feeling (F)

Make decisions logically and impersonally, or use personal values.

#### Thinking

- Are motivated by achievement
- Enjoy analyzing problems logically
- Make fair and unbiased decisions
- Need to weigh the pros and cons to make decisions
- Can be tough negotiators

#### **Feeling**

- Motivated by work that is meaningful
- Sensitive to how issues affect people
- Like helping others and being appreciated
- Need decisions to be congruent with their values
- Need to work in a friendly environment



## Judging (J) vs. Perceiving (P)

More structured (finalize decisions) or more spontaneous (keep options open).

### **Judging**

- Enjoy work that allows them to make decisions
- Prefer a predictable work pattern and environment
- Work towards completing their responsibilities before relaxing
- Like to maintain control of their projects

#### **Perceiving**

- Enjoy flexible and changing work situations
- Like to be able to respond to problems as they arise
- Are more satisfied with fewer rules and procedures
- Need to have fun in their work

### **Your Personality Profile**

You tend to be deep, complex and creative. Your direction in life is guided by your tightly held personal values. Intrigued by original ways of looking at the world, you're inspired by innovation and creative problem solving. You are good at influencing others to embrace positive change in their own lives by gently, steadily setting an example for them. With a richly developed inner life, your intuition helps you discover meaning and new possibilities.

Initially private and reserved, you are capable of great warmth and compassion for people you know well. You make decisions carefully, taking the time to consider every consequence in full before making your choice. A person of great integrity, you remain true to your beliefs, even if it means defying other people. You value harmony and cooperation and use praise and encouragement to motivate others and win their trust.

Your obliging nature can turn to stubbornness when others disagree with your ideas and vision. You are most interested in your own unique ideas and are annoyed when they are not possible. You may not pay enough attention to details and overlook important facts. Without sufficient information, your conclusions may be flawed.

Very aware of others' feelings, you are sensitive to criticism and can be negatively affected by conflict or hostility. Because you feel so strongly about things, there's a chance you may be too resolute and judgmental. Once you've made up your mind, you may be unwilling to consider differing views.

You tend to be organized, efficient and inventive, and are responsible and respectful. You like your plans to be settled and need plenty of time to prepare for changes, so sudden diversions can be stressful. You like spending time alone and, while you may enjoy socializing with close friends, you aren't usually the one to initiate things. You're a good listener and have a talent for recognizing the deeper meaning in every experience and interaction. People are often astonished by your insights.

You described your profile as:

 $\star\star\star\star$ 

**Somewhat Accurate** 

# Learning

library.









Stre	ngths	Cl	hallenges
☐ Cr	reative		Need space and time to
☐ Se	elf-directed		reflect
st	udy		Prefer to study
☐ Q	uestioning	_	alone
☐ In	terest in theory, possibilities, complex ideas		May procrastinate
	onscientious, focused		Need outlet for
Lil	ke to read and		ideas Need to be
W	rite	Ш	challenged
☐ Ea	ager to listen and		Desire involved, responsive
lea	arn		instructors
Dage			
	ommendations		
	ollowing recommendations are based on your results. for you.	Cor	nsider each and select the ones you think would work
For L	earning Activities		
□ Na	_		ve an intense need to understand why things work as they sue or idea, gradually honing in on the details.
	sk your instructor to suggest projects or further researd wn to gain further knowledge.	ch d	on topics of interest to you. Do additional reading on your
as		ts a	de an excellent outlet for your imagination. Use writing and ideas and express your originality. For schoolwork, be a unless you've discussed it your instructor first.
fo	ou are highly motivated to learn more about subjects f r something personally meaningful in the material. Th osorb and retain.		which you have a passion. For less stimulating topics, look an make it more relevant and appealing and easier to
Bu		f yc	may enjoy research and want to consider every possibility ou're having trouble deciding when to stop researching e focus.
For L	earning Environments		
☐ Se		et y	ou thinking about different perspectives, but remain in-
ch		as a	re you can learn on your own or with a small group, if you and theories, find a quiet spot away from others where eaceful location in a public place such as a library.
m yc		ect	urage your individuality. You may also want to find a :— to speak with about your thoughts and ideas. While upport, it can help for you to have an outlet of your own
G G	et involved in activities where you can make a differen ould take part in student government, write articles for	ch	and set your own level of involvement. For example, you arities or causes that matter to you, offer one-on-one s center, or help out with literacy programs at your local

## **Work and Productivity**

people.









Strengths Insightful, deeply	Challenges  ☐ Need fulfillment
reflective	☐ Independent, need space and time
☐ Organized	☐ Too idealistic
☐ Principled	☐ May stubbornly hold to values or own
☐ Imaginative,	ideas
original	May second-guess decisions
Committed	Easily disrupted by others'
Task-oriented	needs
☐ Big-picture thinker	
Recommendations	
	s. Consider each and select the ones you think would work
Your Preferred Environment	
Fits with your interests and deeply held values and allothat you are doing meaningful work that makes a positive section.	ows you to be proud of what you produce. You need to feel itive difference in people's lives.
Provides you with the time and space to think, plan an and determined, you work hard to do your best and of	d complete your work to your own high standards. Industrious ten exceed expectations.
Allows you to be largely autonomous, with lots of cont or with a small, trusted group of colleagues, in a considerable of the contract of the	rol over your tasks and projects. You work best independently derate, tension-free work environment.
	like to be planned and organized, and you prefer an efficient ersonalize your work and develop unique solutions. You want and ability to make sense of complex ideas.
Appreciates your devotion, sense of purpose and caref	ul consideration.
For Growth and Development	
Use your strengths to size up a situation and create an deadlines for each major step. Don't allow yourself to g	overall plan. Fill in the key facts and goals, along with get mired down by unimportant details or delayed by your ur eye on the priorities and manage your time efficiently.
creative, may not always be feasible. Solicit opinions, tr at the facts before making decisions. You may realize t	without giving them proper consideration. Your ideas, while y to be open-minded about other views and take a closer look that your way is not necessarily the best — or only — solution
available.  Learn to delegate. You're motivated to help others, but	t attempting to do everything yourself can lead to stress,

fatigue and even anger. Take advantage of the expertise around you. Give tasks to others whose interests or skills are stronger than yours in certain areas. For example, you could hand off detail-oriented or repetitive tasks to a colleague.

This can help to ensure projects are done in a timely manner and that everyone has a chance to contribute.

Take time on your own to recharge, especially if you've been doing a lot of interacting with other

## Communication









Strengths	
Good with words	
Compassionate, empathetic	
Attentive listener	
Insightful	
☐ Intense, meaningful interactions	
☐ Tactful	

talk

	Reserved
П	Need time to reflect and
	react
	Sensitive,
	emotional
	May take things
	personally
	Prefer one-on-one
	interaction
	Difficulty with feedback
П	Dislike small

#### **Recommendations**

The following recommendations are based on your results. Consider each and select the ones you think would work best for you.

#### For Sending and Receiving Communication

A good listener and deeply insightful, you have a remarkable ability to read someone's mood and understand their
needs. Use your strengths to encourage others and help them find solutions to their problems. However, don't assume you know best. Their answers should come from within.
Work on your ability to deal with difficult people and don't let your emotions get the better of you. If you feel your anger rising, take a deep breath and try to regain your composure. The worst thing you can do is react angrily. If necessary, leave the discussion and agree to revisit the issue later. Go away to compose yourself and organize your thoughts.
You may struggle with providing constructive criticism. Understand that this is essential to help people learn and grow. You may want to write out your comments first and practice visualizing the conversation. A tactfully fashioned message can build trust and provide a more useful evaluation. Keep the wording positive, practical and concise.

how they can deal with the problem.

Similarly, if receiving feedback, recognize that it's intended to help you improve. It's not a personal attack. If you feel offended and find yourself replaying the whole episode in your head — complete with emotional reaction — take time to reflect. Try to set aside your emotions and consider things objectively. If the other person handled it poorly, try to forget about that too. Focus on the key point, the issue it has helped you identify, and make a plan to address it.

Make it about the issue or behavior, not the person. Show that you respect the person and are simply pointing out

You may dislike being caught off guard by spontaneous conversations. Try to be receptive when others engage you in small talk. An initial exchange of pleasantries could provide an entry into a deeper, more meaningful discussion. Be prepared with a few stock questions and responses, and practice a graceful way to exit the conversation once you've had enough.

Working with Others	
Strengths Thoughtful Caring Lead by example Supportive Encouraging	Challenges  ☐ Enigmatic, a mystery to others  ☐ Strident if values not respected  ☐ May be sarcastic, cutting  ☐ Dislike conflict  ☐ Need solitude, introspection
Recommendations	
The following recommendations are based on yo best for you.	ur results. Consider each and select the ones you think would work
break after an intense period of interaction. The time on your own to reflect and recharge.  While you dislike confrontation, you will vocall equally as passionate. Try to remain profession that you have a difference of opinion and move.  Air grievances before they have a chance to fe concern. Think about what you want to say an appreciate the abilities everyone brings to the	cially when you have some deep thinking to do or need an emotional his behavior can be baffling to others. Let people know that you need by and vigorously defend your values. Remember that others may be hal and respectful. If you can't come to an agreement, calmly accept we on.  Ester. You can head off conflicts by speaking up when you have a had keep your comments objective and concise.  Esteam. Don't disregard people because they don't match up to your can be of use. By recognizing what they have to offer, you will come to
<ul> <li>Share your ideas with others — early and ofter intuition and ability to predict outcomes may</li> <li>If you're in a leadership position, convey your l</li> </ul>	n — and back them up with hard data. Team members who lack your need time to consider the solution you are proposing.  ong-term plan to the team and support them in their efforts. Hold work. Acknowledge individual contributions to motivate people and

#### For Filling a Role

Originator: developing new ideas, perspectives and solutions, predicting and strategizing for what is to come, and
creating a long-term vision.

maintain a good rapport. Be open-minded to everyone's ideas, encourage the exchange of constructive comments,

Facilitator: promoting goodwill, building rapport, supporting and encouraging the group in completing tasks, recognizing contributions, keeping things positive.

and ensure everyone has the information and materials they need to complete their tasks.

Advocate: championing ideas and people, striving for balance and harmony, building consensus, looking for creative solutions that will satisfy everyone.









# **Career and Pathways**



The careers listed below are all linked to your assessment results, with the careers at the top being the best match for your profile.

## **Personality Results**

Personality Results		
Architects, Except Landscape and Naval	Architecture and Construction	
Landscape Architects	Architecture and Construction	
Civil Engineers	Architecture and Construction	
Interior Designers	Architecture and Construction	
Cost Estimators	Architecture and Construction	
Construction Managers	Architecture and Construction	
Architectural Drafters	Architecture and Construction	
Transportation Engineers	Architecture and Construction	
Geodetic Surveyors	Architecture and Construction	
Solar Energy Installation Managers	Architecture and Construction	
First-Line Supervisors of Landscaping, Lawn Service, and Groundskeeping Workers	Architecture and Construction	
Surveyors	Architecture and Construction	
Training and Development Specialists	Business Management and Administration	
Management Analysts	Business Management and Administration	
Patient Representatives	Business Management and Administration	
Chief Executives	Business Management and Administration	
Training and Development Managers	Business Management and Administration	
Human Resources Managers	Business Management and Administration	
Chief Sustainability Officers	Business Management and Administration	
Labor Relations Specialists	Business Management and Administration	
Operations Research Analysts	Business Management and Administration	
Security Management Specialists	Business Management and Administration	
Purchasing Managers	Business Management and Administration	
Loss Prevention Managers	Business Management and Administration	
Business Continuity Planners	Business Management and Administration	

Compliance Managers	Business Management and Administration	
Security Managers	Business Management and Administration	
Urban and Regional Planners	Government and Public Administration	
Emergency Management Directors	Government and Public Administration	
Equal Opportunity Representatives and Officers	Government and Public Administration	
Occupational Health and Safety Specialists	Government and Public Administration	
Coroners	Government and Public Administration	
Financial Examiners	Government and Public Administration	
Regulatory Affairs Specialists	Government and Public Administration	
Statistical Assistants	Government and Public Administration	
Environmental Compliance Inspectors	Government and Public Administration	
Government Property Inspectors and Investigators	Government and Public Administration	
Tax Examiners and Collectors, and Revenue Agents	Government and Public Administration	
Postmasters and Mail Superintendents	Government and Public Administration	
Eligibility Interviewers, Government Programs	Government and Public Administration	
Bioinformatics Technicians	Government and Public Administration	
Licensing Examiners and Inspectors	Government and Public Administration	
Recreation Workers	Hospitality and Tourism	
Concierges	Hospitality and Tourism	
Lodging Managers	Hospitality and Tourism	
Tour Guides and Escorts	Hospitality and Tourism	
Gaming Managers	Hospitality and Tourism	
Cooks, Private Household	Hospitality and Tourism	
Food Service Managers	Hospitality and Tourism	
Chefs and Head Cooks	Hospitality and Tourism	
Informatics Nurse Specialists	Information Technology	
Business Intelligence Analysts	Information Technology	

Computer Systems Analysts	Information Technology	
Video Game Designers	Information Technology	
Database Administrators	Information Technology	
Information Technology Project Managers	Information Technology	
Search Marketing Strategists	Information Technology	
Software Developers, Applications	Information Technology	
Document Management Specialists	Information Technology	
Computer Network Architects	Information Technology	
Geospatial Information Scientists and Technologists	Information Technology	
Software Developers, Systems Software	Information Technology	
Computer Systems Engineers/Architects	Information Technology	
Information Security Analysts	Information Technology	
Computer Programmers	Information Technology	
Arbitrators, Mediators, and Conciliators	Law, Public Safety, Corrections and Security	
Judges, Magistrate Judges, and Magistrates	Law, Public Safety, Corrections and Security	
Lawyers	Law, Public Safety, Corrections and Security	<b>**•••••••••••••••••••••••••••••••••••</b>
Probation Officers and Correctional Treatment Specialists	Law, Public Safety, Corrections and Security	
Administrative Law Judges, Adjudicators, and Hearing Officers	Law, Public Safety, Corrections and Security	
Intelligence Analysts	Law, Public Safety, Corrections and Security	
Emergency Medical Technicians and Paramedics	Law, Public Safety, Corrections and Security	<b>*</b> ••••••••••••••••••••••••••••••••••••
First-Line Supervisors of Police and Detectives	Law, Public Safety, Corrections and Security	
Judicial Law Clerks	Law, Public Safety, Corrections and Security	
Police Detectives	Law, Public Safety, Corrections and Security	
Forensic Science Technicians	Law, Public Safety, Corrections and Security	
Paralegals and Legal Assistants	Law, Public Safety, Corrections and Security	<b>**•••••••••••••••••••••••••••••••••••</b>
Criminal Investigators and Special Agents	Law, Public Safety, Corrections and Security	
Private Detectives and Investigators	Law, Public Safety, Corrections and Security	
First-Line Supervisors of Correctional Officers	Law, Public Safety, Corrections and Security	

Sociologists	Science, Technology, Engineering and Mathematics	
Geneticists	Science, Technology, Engineering and Mathematics	
Anthropologists	Science, Technology, Engineering and Mathematics	
Political Scientists	Science, Technology, Engineering and Mathematics	
Computer and Information Research Scientists	Science, Technology, Engineering and Mathematics	
Survey Researchers	Science, Technology, Engineering and Mathematics	
Bioinformatics Scientists	Science, Technology, Engineering and Mathematics	
Microbiologists	Science, Technology, Engineering and Mathematics	
Archeologists	Science, Technology, Engineering and Mathematics	
Biostatisticians	Science, Technology, Engineering and Mathematics	
Mathematicians	Science, Technology, Engineering and Mathematics	
Industrial Safety and Health Engineers	Science, Technology, Engineering and Mathematics	
Transportation Planners	Science, Technology, Engineering and Mathematics	
Climate Change Analysts	Science, Technology, Engineering and Mathematics	
Park Naturalists	Science, Technology, Engineering and Mathematics	