

# **Your Personality**



#### Your personality type is ESTJ:

Introversion Extraversion

# Introversion (I) vs. Extraversion (E)

How we interact with the world and where we direct our energy.

#### Introversion

- Focus attention inward
- Enjoy tasks that require concentration
- Work best on one project at a time
- Work at a careful, steady pace
- Consider things fully before speaking

#### Extraversion

- Focus attention outward
- Enjoy a variety of tasks
- Seek out and need other people
- Work at a rapid pace
- Need to talk through their ideas



iNtuitior



# Sensing (S) vs iNtuition (N)

What kind of information we naturally focus on and remember.

### Sensing

- Focus on "what is"
- Like working with what can be seen and touched
- Apply past experience to solving problems
- Need specific and realistic directions

#### iNtuition

- Focus on "what could be"
- Enjoy theory and speculation
- Like thinking about the future and possibilities
- Need to use their imagination

Thinking (



eeling



# Thinking (T) vs. Feeling (F)

Make decisions logically and impersonally, or use personal values.

# **Thinking**

- Are motivated by achievement
- Enjoy analyzing problems logically
- Make fair and unbiased decisions
- Need to weigh the pros and cons to make decisions
- Can be tough negotiators

#### Feeling

- Motivated by work that is meaningful
- Sensitive to how issues affect people
- Like helping others and being appreciated
- Need decisions to be congruent with their values
- Need to work in a friendly environment





# Judging (J) vs. Perceiving (P)

More structured (finalize decisions) or more spontaneous (keep options open).

### Judging

- Enjoy work that allows them to make decisions
- Prefer a predictable work pattern and environment
- Work towards completing their responsibilities before relaxing
- Like to maintain control of their projects

#### Perceiving

- Enjoy flexible and changing work situations
- Like to be able to respond to problems as they arise
- Are more satisfied with fewer rules and procedures
- Need to have fun in their work

### **Your Personality Profile**

Friendly, outgoing and honest, you tend to have traditional, often quite conservative views and are comfortable expressing your opinions. You trust personal experience and are more interested in real things and immediate problems rather than theories or possibilities. Practical, realistic, organized and efficient, you seek to instill order and structure, and work hard to meet or exceed expectations.

You are direct and frank, like to keep busy and see tangible results for your efforts. You make quick, logic-based decisions and move on to the next task. Responsible and conscientious, you enjoy being in charge and organizing people and projects.

Somewhat rigid, you may try to force others to conform to rules and structure. Outspoken and assertive, your strong opinions may at times be perceived as harsh criticism. You may not think about the impact of your decisions on others until it's pointed out to you. You need to consider people's feelings, even if you do not entirely understand or agree with them.

Not particularly interested in possibilities -- especially abstract ones -- you may resist ideas that have not been proven by experience. Focused on the present and in a hurry to make decisions and get things done, you may not stop to consider any less-obvious options. To be more effective and make better decisions, you need to take the time to collect and consider all the information.

You described your profile as:



# **Learning**

leadership skills.









Strengths	Challenges
☐ Disciplined	□ Need practical application
☐ Analytical	□ Need time to absorb learning
☐ Learn well with	material
others	☐ Need clear expectations
☐ Team building	Abstract or theoretical material
	Struggle with disorder, lack of structure
Focused	
Good with facts, details, memorization	
Recommendations	
The following recommendations are based on your results. best for you.	Consider each and select the ones you think would work
For Learning Activities	
A conscientious, highly motivated student and a hard w accurately, carefully and on time. Make sure you have a entirely clear about something, ask your instructor for c	If the information you need for your schoolwork. If you're not
You need to understand the real-world relevance of you presented in a logical, straightforward manner and the understand how the subject matter is applicable to eve examples.	concepts are factual or concrete in nature. If you don't
	out your educational progress. Explain that you work hard to the right track in order to meet your career goals. If you have hem.
demonstrate your sense of responsibility and engage w	arge of a team or helping others to learn. Look for ways to ith others through project work, class discussion, team Practice team building with others, discuss your ideas and
For Learning Environments	
You like to learn in a well-organized, structured environ responsible for your own schedule and activities. Seek of those who use real-life examples and practical experient	ut instructors who are clear, capable and fair, particularly
	cts that will be directly of use in your career plans. Apply for ands-on experience and test your leadership potential in your

Outside of class, get involved in campus clubs and organizations, student government, athletics, community service, volunteering and other extracurricular activities where you can demonstrate your competence and practice your

# **Work and Productivity**

clearly defined rules, requirements and standards to follow.

<b>F</b>	
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Strengths	Challenges
☐ Organized	Rigid, resist change
☐ Objective	May rush decisions
Results-oriented	
☐ Hardworking structure ☐ Responsible ☐ Desire recognition	structure
	Desire recognition
☐ Decisive	☐ Don't like to be wrong
☐ Proactive	Neglect people's feelings
☐ Determined	
Recommendations	
The following recommendations are based on your results. best for you.	Consider each and select the ones you think would work
Your Preferred Environment	
Provides detailed expectations about your role and resp	onsibilities. You work most productively when provided with

Makes good use of your practical approach to problem solving and ability to maximize efficiency.
Entrusts you with plenty of responsibility and control and provides opportunities for a leadership or decision-making role. With your competence in setting goals, making decisions, organizing tasks and supervising people, you are well suited to a leadership or management position.
Appreciates your sense of duty, organizational skill, productivity and determination to complete work in an orderly fashion, on time and within budget.
Takes place in a well-organized, active and supportive environment where you can work with other dependable,

- competent people. Uses a sensible, fair method of compensation for the work you do and provides opportunities to progress in your career.
- Praises your accomplishments. Knowing that others value your contributions and appreciate your efforts makes you feel respected and motivated.

### For Growth and Development

Don't rush into decisions without fully considering the possibilities and the potential repercussions of the choices you
make. Consult others to ensure you have all the information, think carefully about the long-term consequences and
remember to consider how people could be affected by your decision.

- Develop your ability to look beyond the present and immediate situation. Find a mentor a trusted colleague, advisor or friend— who can help you see things from a global and future perspective.
- Learn to be flexible and willing to accept new ways of doing things. While you tend to rely on past experience for quick, reliable solutions, new or different methods, though unfamiliar, may be better. Try to be open to the possibilities. If you're not convinced, ask for a demonstration or other factual evidence to prove the value of the new approach.
- Accept that, in spite of your best efforts, things aren't always going to be predictable. You're most comfortable when you know what's required and can stick to the plan and make it happen. However, at times it may be necessary to change direction or deal with a situation where all of the facts aren't apparent. So be prepared for some ambiguity and try to be comfortable with it.

# Communication









Strengths	Challenges
Outspoken	
□ Straightforward	serious
Engaging	☐ Blunt
Confident	☐ Insensitive
Not easily offended	
onenaea	☐ Abrupt

#### Recommendations

The following recommendations are based on your results. Consider each and select the ones you think would work best for you.

#### For Sending and Receiving Communication

- Honest and forthright, you present your ideas and opinions with detail and clarity. Be aware, however, that being too candid, especially when dealing with difficult issues, can be read as nasty or negative. Consider your audience and temper the message accordingly.
- Similarly, you may be very frank when providing feedback. In your intent to be clear, objective and efficient, you may tend to come across as quite cutting. When providing constructive criticism, remember to consider people's feelings. Think of how you can help the person understand the problematic issue or behavior, provide them with some suggestions for correcting it, and deliver your message with sensitivity.
- With a stern demeanor and dislike of small talk, you may come across as intimidating, unfriendly or indifferent. Try to be receptive when others engage you in casual conversation. An initial exchange of pleasantries costs nothing and could pave the way to a friendlier, more productive relationship. For some people, mutual respect and a good rapport are important ingredients in their effectiveness at work.
- Make a real effort to listen to the other person during a conversation. Acknowledge what they're saying, even if you don't necessarily agree, and don't interrupt. Wait until they've finished speaking before you reply.

# **Working with Others**

plans.

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Strengths		Challenges
☐ Natural lead		May neglect relationships
Lead by exa	mple	Controlling, need to be in charge
Reliable		☐ Inflexible
☐ Honest		☐ Unreasonable expectations of
Accountable	e	others
Self-assured	t de la companya de l	Critical of those with different values
		Need to appreciate others' efforts
Recommend	lations	
The following r best for you.	ecommendations are based on your results.	Consider each and select the ones you think would work
Responsible team. Take Lead through Take the ting things done existing relayed things or Try not to just people. You you conside their outlooperson brind Make a poing productive As a leader, team. To aid expectation accomplish	care, however, that you don't become too open influence, not intimidation. The to establish and maintain good relationships are counterproductive in a team envirous ationships and have difficulty forming new ordene. Also, understand that for people who a impersonal manner. Establishing a personal redge people who are different from you. Team may prefer working with those whose standard to be too needy, lazy, apathetic or incomposed, principles or talents are different from you ges to the group and discover how to make that of providing positive feedback and acknowly if they are praised for their efforts.  You set an example by demonstrating the way in everyone's success, provide a clear, well-as for each individual member. Be sensitive to ments along the way.	n, you are likely to find yourself assuming a leadership role in a oppressive. Others may view you as rude and uncompromising. This is your direct manner and preoccupation with getting nament. You may be so intent on the task that you neglect nes. Remember that you rely on your colleagues to help you are more feeling types, it can be difficult to relate in purely a larapport is crucial to working together effectively. In more and negotiation involve working with all kinds of dards reflect your own. You may dislike dealing with people etent. Recognize that everyone brings value to a team, even if ar own. Try to appreciate the unique set of skills that each the best use of them.  Weldging people's accomplishments. Some people are more work ethic, standards and behavior you expect from your organized plan outlining the team's objectives, along with o each person's needs and acknowledge their
		itable resources, and ensuring everyone understands and
	advancing progress by any means necessary	, dealing with whatever needs to be done and motivating

Planner: gathering, recording, organizing and clarifying information for the group, filling in detail and drawing up

# **Career and Pathways**



The careers listed below are all linked to your assessment results, with the careers at the top being the best match for your profile.

## **Personality Results**

Personality Results		
Medical Equipment Preparers	Health Science	
Medical Records and Health Information Technicians	Health Science	
Histotechnologists and Histologic Technicians	Health Science	
Medical and Health Services Managers	Health Science	
Pharmacy Technicians	Health Science	
Medical Transcriptionists	Health Science	
Endoscopy Technicians	Health Science	
Anesthesiologists	Health Science	
Veterinary Technologists and Technicians	Health Science	
Anesthesiologist Assistants	Health Science	
Medical and Clinical Laboratory Technicians	Health Science	
Medical Secretaries	Health Science	
Dental Assistants	Health Science	
Clinical Nurse Specialists	Health Science	
Oral and Maxillofacial Surgeons	Health Science	
Title Examiners, Abstractors, and Searchers	Law, Public Safety, Corrections and Security	
Judicial Law Clerks	Law, Public Safety, Corrections and Security	
Fire Inspectors	Law, Public Safety, Corrections and Security	
Legal Secretaries	Law, Public Safety, Corrections and Security	
Fish and Game Wardens	Law, Public Safety, Corrections and Security	
Police Identification and Records Officers	Law, Public Safety, Corrections and Security	
Police Patrol Officers	Law, Public Safety, Corrections and Security	
Forest Fire Inspectors and Prevention Specialists	Law, Public Safety, Corrections and Security	
Gaming Surveillance Officers and Gaming Investigators	Law, Public Safety, Corrections and Security	
Immigration and Customs Inspectors	Law, Public Safety, Corrections and Security	
Retail Loss Prevention Specialists	Law, Public Safety, Corrections and Security	

Security Guards	Law, Public Safety, Corrections and Security	
Forest Fire Fighting and Prevention Supervisors	Law, Public Safety, Corrections and Security	
Correctional Officers and Jailers	Law, Public Safety, Corrections and Security	
Private Detectives and Investigators	Law, Public Safety, Corrections and Security	
Nuclear Equipment Operation Technicians	Manufacturing	
Aerospace Engineering and Operations Technicians	Manufacturing	
Electro-Mechanical Technicians	Manufacturing	
Home Appliance Repairers	Manufacturing	
Nuclear Power Reactor Operators	Manufacturing	
Musical Instrument Repairers and Tuners	Manufacturing	
Purchasing Agents, Except Wholesale, Retail, and Farm Products	Manufacturing	
Food Cooking Machine Operators and Tenders	Manufacturing	
Gas Plant Operators	Manufacturing	
Radio, Cellular, and Tower Equipment Installers and Repairers	Manufacturing	
Electrical and Electronics Repairers, Powerhouse, Substation, and Relay	Manufacturing	
Electrical Engineering Technologists	Manufacturing	
Food Batchmakers	Manufacturing	
Painters, Transportation Equipment	Manufacturing	
Production, Planning, and Expediting Clerks	Manufacturing	
Property, Real Estate, and Community Association Managers	Marketing	
Energy Brokers	Marketing	
First-Line Supervisors of Non-Retail Sales Workers	Marketing	
Sales Representatives, Wholesale and Manufacturing, Except Technical and Scientific Products	Marketing	
Real Estate Brokers	Marketing	
Parts Salespersons	Marketing	
Sales Managers	Marketing	
Solar Sales Representatives and Assessors	Marketing	
Marketing Managers	Marketing	
Telemarketers	Marketing	
Sales Engineers	Marketing	
Real Estate Sales Agents	Marketing	

Wholesale and Retail Buyers, Except Farm Products	Marketing
Clinical Data Managers	Science, Technology, Engineering and Mathematics
City and Regional Planning Aides	Science, Technology, Engineering and Mathematics
Cartographers and Photogrammetrists	Science, Technology, Engineering and Mathematics
Automotive Engineers	Science, Technology, Engineering and Mathematics
Precision Agriculture Technicians	Science, Technology, Engineering and Mathematics
Wind Energy Engineers	Science, Technology, Engineering and Mathematics
Product Safety Engineers	Science, Technology, Engineering and Mathematics
Statisticians	Science, Technology, Engineering and Mathematics
Manufacturing Engineers	Science, Technology, Engineering and Mathematics
Remote Sensing Scientists and Technologists	Science, Technology, Engineering and Mathematics
Remote Sensing Technicians	Science, Technology, Engineering and Mathematics
Environmental Restoration Planners	Science, Technology, Engineering and Mathematics
Social Science Research Assistants	Science, Technology, Engineering and Mathematics
Architectural and Engineering Managers	Science, Technology, Engineering and Mathematics
Survey Researchers	Science, Technology, Engineering and Mathematics
Airline Pilots, Copilots, and Flight Engineers	Transportation, Distribution and Logistics
Aircraft Mechanics and Service Technicians	Transportation, Distribution and Logistics
Ship Engineers	Transportation, Distribution and Logistics
Avionics Technicians	Transportation, Distribution and Logistics
Ship and Boat Captains	Transportation, Distribution and Logistics