



## **Your Personality**



#### Your personality type is ESTJ:





#### Introversion (I) vs. Extraversion (E)

How we interact with the world and where we direct our energy.

#### Introversion

- Focus attention inward
- Enjoy tasks that require concentration
- Work best on one project at a time
- Work at a careful, steady pace
- Consider things fully before speaking

#### Extraversion

- Focus attention outward
- Enjoy a variety of tasks
- Seek out and need other people
- Work at a rapid pace
- Need to talk through their ideas





#### Sensing (S) vs iNtuition (N)

What kind of information we naturally focus on and remember.

#### Sensing

- Focus on "what is"
- Like working with what can be seen and touched
- Apply past experience to solving problems
- Need specific and realistic directions

#### **iNtuition**

- Focus on "what could be"
- Enjoy theory and speculation
- Like thinking about the future and possibilities
- Need to use their imagination





#### Thinking (T) vs. Feeling (F)

Make decisions logically and impersonally, or use personal values.

#### **Thinking**

- Are motivated by achievement
- Enjoy analyzing problems logically
- Make fair and unbiased decisions
- Need to weigh the pros and cons to make decisions
- Can be tough negotiators

#### Feeling

- · Motivated by work that is meaningful
- Sensitive to how issues affect people
- Like helping others and being appreciated
- Need decisions to be congruent with their values
- Need to work in a friendly environment





### Judging (J) vs. Perceiving (P)

More structured (finalize decisions) or more spontaneous (keep options open).

#### Judging

- Enjoy work that allows them to make decisions
- Prefer a predictable work pattern and environment
- Work towards completing their responsibilities before relaxing
- Like to maintain control of their projects

#### Perceiving

- Enjoy flexible and changing work situations
- Like to be able to respond to problems as they arise
- Are more satisfied with fewer rules and procedures
- Need to have fun in their work

#### **Your Personality Profile**

Friendly, outgoing and honest, you tend to have traditional, often quite conservative views and are comfortable expressing your opinions. You trust personal experience and are more interested in real things and immediate problems rather than theories or possibilities. Practical, realistic, organized and efficient, you seek to instill order and structure, and work hard to meet or exceed expectations.

You are direct and frank, like to keep busy and see tangible results for your efforts. You make quick, logic-based decisions and move on to the next task. Responsible and conscientious, you enjoy being in charge and organizing people and projects.

Somewhat rigid, you may try to force others to conform to rules and structure. Outspoken and assertive, your strong opinions may at times be perceived as harsh criticism. You may not think about the impact of your decisions on others until it's pointed out to you. You need to consider people's feelings, even if you do not entirely understand or agree with them.

Not particularly interested in possibilities -- especially abstract ones -- you may resist ideas that have not been proven by experience. Focused on the present and in a hurry to make decisions and get things done, you may not stop to consider any less-obvious options. To be more effective and make better decisions, you need to take the time to collect and consider all the information.

You described your profile as:



# Learning









Strengths	Challenges
☐ Disciplined	☐ Need practical application
Analytical	Need time to absorb learning
☐ Learn well with	material
others	□ Need clear expectations
Team building	Abstract or theoretical material
☐ Methodical	Struggle with disorder, lack of structure
Focused	
lue Good with facts, details, memorization	
Recommendations	

The following recommendations are based on your results. Consider each and select the ones you think would work best for you.

#### For Learning Activities

Г	A conscientious, highly motivated student and a hard worker, you are likely to complete your assignments
	accurately, carefully and on time. Make sure you have all the information you need for your schoolwork. If you're not
	entirely clear about something, ask your instructor for detailed instructions.

- You need to understand the real-world relevance of your learning material. You learn best when material is presented in a logical, straightforward manner and the concepts are factual or concrete in nature. If you don't understand how the subject matter is applicable to everyday life, ask for practical explanations and real-life examples.
- Meet with your teacher or instructor regularly to talk about your educational progress. Explain that you work hard to exceed their expectations and want to ensure you're on the right track in order to meet your career goals. If you have concerns about their grading practices, discuss it with them.
- You learn well with others, especially when you're in charge of a team or helping others to learn. Look for ways to demonstrate your sense of responsibility and engage with others through project work, class discussion, team activities, presentations, competition and group study. Practice team building with others, discuss your ideas and explore shared core values, beliefs and interests.

#### For Learning Environments

You like to learn in a well-organized, structured environment where you can work together with peers and be
responsible for your own schedule and activities. Seek out instructors who are clear, capable and fair, particularly
those who use real-life examples and practical experiences to explain theory.

- Ensure your course selections consist of practical subjects that will be directly of use in your career plans. Apply for work-study and internships that will allow you to gain hands-on experience and test your leadership potential in your field of interest.
- Outside of class, get involved in campus clubs and organizations, student government, athletics, community service, volunteering and other extracurricular activities where you can demonstrate your competence and practice your leadership skills.

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Strengths	Challenges
☐ Organized	Rigid, resist change
Objective	May rush decisions
Results-oriented	Need rules, standards,
☐ Hardworking	structure
Responsible	Desire recognition
☐ Decisive	Don't like to be
Proactive	wrong  Neglect people's feelings
Determined	Neglect people's feelings
Recommendations	
The following recommendations are based o best for you.	n your results. Consider each and select the ones you think would work
Your Preferred Environment  Provides detailed expectations about you clearly defined rules, requirements and st	r role and responsibilities. You work most productively when provided with andards to follow.
Makes good use of your practical approace efficiency.	ch to problem solving and ability to maximize
	and control and provides opportunities for a leadership or decision-making als, making decisions, organizing tasks and supervising people, you are well osition.
Appreciates your sense of duty, organizat fashion, on time and within budget.	ional skill, productivity and determination to complete work in an orderly
Takes place in a well-organized, active and competent people.	d supportive environment where you can work with other dependable,
Uses a sensible, fair method of compensa career.	tion for the work you do and provides opportunities to progress in your
Praises your accomplishments. Knowing feel respected and motivated.	that others value your contributions and appreciate your efforts makes you
For Growth and Development  Don't rush into decisions without fully cor	nsidering the possibilities and the potential repercussions of the choices you
	all the information, think carefully about the long-term consequences and
	resent and immediate situation. Find a mentor — a trusted colleague, things from a global and future perspective.
quick, reliable solutions, new or different i	new ways of doing things. While you tend to rely on past experience for methods, though unfamiliar, may be better. Try to be open to the or a demonstration or other factual evidence to prove the value of the new
you know what's required and can stick to	hings aren't always going to be predictable. You're most comfortable when o the plan and make it happen. However, at times it may be necessary to where all of the facts aren't apparent. So be prepared for some ambiguity

### Communication









Strengths	Challenges
Outspoken	
□ Straightforward	serious
Engaging	☐ Blunt
Confident	☐ Insensitive
Not easily offended	
onenaea	☐ Abrupt

#### Recommendations

The following recommendations are based on your results. Consider each and select the ones you think would work best for you.

#### For Sending and Receiving Communication

Honest and forthright, you present your ideas and opinions with detail and clarity. Be aware, however, that being too
candid, especially when dealing with difficult issues, can be read as nasty or negative. Consider your audience and
temper the message accordingly.

- Similarly, you may be very frank when providing feedback. In your intent to be clear, objective and efficient, you may tend to come across as quite cutting. When providing constructive criticism, remember to consider people's feelings. Think of how you can help the person understand the problematic issue or behavior, provide them with some suggestions for correcting it, and deliver your message with sensitivity.
- With a stern demeanor and dislike of small talk, you may come across as intimidating, unfriendly or indifferent. Try to be receptive when others engage you in casual conversation. An initial exchange of pleasantries costs nothing and could pave the way to a friendlier, more productive relationship. For some people, mutual respect and a good rapport are important ingredients in their effectiveness at work.
- Make a real effort to listen to the other person during a conversation. Acknowledge what they're saying, even if you don't necessarily agree, and don't interrupt. Wait until they've finished speaking before you reply.

# **Working with Others**

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Strengths  Natural leader	Challenges  May neglect relationships	
Lead by example	Controlling, need to be in charge	
Reliable	☐ Inflexible	
Honest	Unreasonable expectations of	
Accountable	others	
☐ Self-assured	Critical of those with different values	
	Need to appreciate others' efforts	
Recommendations		
The following recommendations are based on your results. best for you.	Consider each and select the ones you think would work	
For Interacting with Others  Responsible, capable and a "take charge" kind of person, you are likely to find yourself assuming a leadership role in team. Take care, however, that you don't become too oppressive. Others may view you as rude and uncompromisin Lead through influence, not intimidation.  Take the time to establish and maintain good relationships. Your direct manner and preoccupation with getting things done can be counterproductive in a team environment. You may be so intent on the task that you neglect existing relationships and have difficulty forming new ones. Remember that you rely on your colleagues to help you get things done. Also, understand that for people who are more feeling types, it can be difficult to relate in purely a business or impersonal manner. Establishing a personal rapport is crucial to working together effectively.  Try not to judge people who are different from you. Teamwork and negotiation involve working with all kinds of people. You may prefer working with those whose standards reflect your own. You may dislike dealing with people you consider to be too needy, lazy, apathetic or incompetent. Recognize that everyone brings value to a team, even their outlook, principles or talents are different from your own. Try to appreciate the unique set of skills that each person brings to the group and discover how to make the best use of them.  Make a point of providing positive feedback and acknowledging people's accomplishments. Some people are more productive if they are praised for their efforts.  As a leader, you set an example by demonstrating the work ethic, standards and behavior you expect from your team. To aid in everyone's success, provide a clear, well-organized plan outlining the team's objectives, along with expectations for each individual member. Be sensitive to each person's needs and acknowledge their accomplishments along the way.		
For Filling a Role  Director: organizing goals, identifying and gathering su carries out their responsibilities.	uitable resources, and ensuring everyone understands and	
·	, dealing with whatever needs to be done and motivating	

Planner: gathering, recording, organizing and clarifying information for the group, filling in detail and drawing up

# **Career and Pathways**



The careers listed below are all linked to your assessment results, with the careers at the top being the best match for your profile.

#### **Personality Results**

Personality Results		1
Biomass Power Plant Managers	Business Management and Administration	
Quality Control Systems Managers	Business Management and Administration	
Wind Energy Operations Managers	Business Management and Administration	
Regulatory Affairs Managers	Business Management and Administration	
Investment Fund Managers	Business Management and Administration	
Compensation and Benefits Managers	Business Management and Administration	
Biofuels Production Managers	Business Management and Administration	
Loss Prevention Managers	Business Management and Administration	
Online Merchants	Business Management and Administration	
Energy Auditors	Business Management and Administration	
Industrial Production Managers	Business Management and Administration	
Hydroelectric Production Managers	Business Management and Administration	
Computer Operators	Business Management and Administration	
Compliance Managers	Business Management and Administration	
Order Fillers, Wholesale and Retail Sales	Business Management and Administration	
Clinical Data Managers	Science, Technology, Engineering and Mathematics	
City and Regional Planning Aides	Science, Technology, Engineering and Mathematics	
Cartographers and Photogrammetrists	Science, Technology, Engineering and Mathematics	
Automotive Engineers	Science, Technology, Engineering and Mathematics	
Precision Agriculture Technicians	Science, Technology, Engineering and Mathematics	
Wind Energy Engineers	Science, Technology, Engineering and Mathematics	
Product Safety Engineers	Science, Technology, Engineering and Mathematics	
Statisticians	Science, Technology, Engineering and Mathematics	
Manufacturing Engineers	Science, Technology, Engineering and Mathematics	
Remote Sensing Scientists and Technologists	Science, Technology, Engineering and Mathematics	
Remote Sensing Technicians	Science, Technology, Engineering and Mathematics	

Environmental Restoration Planners	Science, Technology, Engineering and Mathematics	
Social Science Research Assistants	Science, Technology, Engineering and Mathematics	
Architectural and Engineering Managers	Science, Technology, Engineering and Mathematics	
Survey Researchers	Science, Technology, Engineering and Mathematics	
Surveyors	Architecture and Construction	
Stonemasons	Architecture and Construction	
Construction Managers	Architecture and Construction	
Boilermakers	Architecture and Construction	
Millwrights	Architecture and Construction	
Cost Estimators	Architecture and Construction	
Transportation Engineers	Architecture and Construction	
Electrical Power-Line Installers and Repairers	Architecture and Construction	
Stationary Engineers and Boiler Operators	Architecture and Construction	
Service Unit Operators, Oil, Gas, and Mining	Architecture and Construction	
Surveying Technicians	Architecture and Construction	
Electricians	Architecture and Construction	
Reinforcing Iron and Rebar Workers	Architecture and Construction	
Heating and Air Conditioning Mechanics and Installers	Architecture and Construction	
Refrigeration Mechanics and Installers	Architecture and Construction	