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Your Personality

Your personality type is INFP:







Introversion (I) vs. Extraversion (E)

How we interact with the world and where we direct our energy.

Introversion

- Focus attention inward
- Enjoy tasks that require concentration
- Work best on one project at a time
- Work at a careful, steady pace
- Consider things fully before speaking

- Focus attention outward
- Enjoy a variety of tasks
- Seek out and need other people
- Work at a rapid pace
- Need to talk through their ideas



Sensing (S) vs iNtuition (N)

What kind of information we naturally focus on and remember.

Sensing

- Focus on "what is"
- Like working with what can be seen and touched
- Apply past experience to solving problems
- Need specific and realistic directions

iNtuition

- Focus on "what could be"
- Enjoy theory and speculation
- Like thinking about the future and possibilities
- Need to use their imagination







Thinking (T) vs. Feeling (F)

Make decisions logically and impersonally, or use personal values.

Thinking

- Are motivated by achievement
- Enjoy analyzing problems logically
- Make fair and unbiased decisions
- Need to weigh the pros and cons to make decisions
- Can be tough negotiators

Feeling

- Motivated by work that is meaningful
- Sensitive to how issues affect people
- · Like helping others and being appreciated
- Need decisions to be congruent with their values
- Need to work in a friendly environment

Judging Perceiving

Judging (J) vs. Perceiving (P)

More structured (finalize decisions) or more spontaneous (keep options open).

Judging

- Enjoy work that allows them to make decisions
- Prefer a predictable work pattern and environment
- Work towards completing their responsibilities before relaxing
- Like to maintain control of their projects

Perceiving

- Enjoy flexible and changing work situations
- Like to be able to respond to problems as they arise
- Are more satisfied with fewer rules and procedures
- Need to have fun in their work

Your Personality Profile

Sensitive and idealistic, you strive for inner harmony. You are a loyal and empathetic friend, devoted to the people and issues you care about. While you may appear cool or detached at times, you have very strong and passionate feelings. You trust your personal reactions and perceptions and use your values to guide your life.

Curious about possibilities, you enjoy many creative endeavors. You can be an original thinker and like using your imagination. Personally invested in everything you do, you can be very persuasive about your dreams and ideas -- but only share them with people you trust. Thoughtful and complex, you are not especially interested in imposing your views on others. You are very protective of your privacy and highly selective about your friends.

When working on a cause you believe in, you can lose yourself in the project and neglect other pressing issues. You are very sensitive to tension and prefer to avoid conflict at all costs. You have trouble letting go of past hurts and may hold grudges. You tend to see only the good in those you care about, and risk being easily disappointed.

You need creative ways of expressing yourself. You are not especially realistic or logical, and sometimes go off course with your projects. A perfectionist, you have very high standards and may be unwilling to share your ideas until they are flawless. You can be hypersensitive to criticism and tend to take all feedback personally. Without feedback, you may fail to make necessary adjustments and end up with unworkable or unfinished projects. You need to ask for constructive advice and listen to it with objectivity.

You described your profile as:



Learning









Strengths	Challenges
Creative	Dislike competition
Curious, open to new ideas	Need quiet, space and time to reflect
Cooperative	■ Need flexibility, variety
Enjoy reading and writing	May procrastinate
Self-directed, independent learner	☐ Self-critical ☐ Need outlet to express creativity,
Easily connect seemingly unrelated ideas	feelings
Interest in theoretical concepts, complex material	Want to please, need positive feedback
Recommendations	
The following recommendations are based on your results. best for you.	Consider each and select the ones you think would work
with a human perspective. You likely enjoy reading and analyzing feelings. You learn best by starting out with a angles to find meaning and connections, and gradually You need time alone to study your learning material an convictions. Take advantage of opportunities to present brainstorming sessions and small discussion groups. You or friend — with whom you can share and discuss thing You set extremely high standards for yourself, do very the improvements. You may become so absorbed in an assignment. All of this can result in delays and stress. Try break deadline to complete each step. Also, review the require you're stuck, ask your instructor for advice — and be will flyou find the learning material uninteresting, think of example, how could it be used to help people or solve a appealing and easier to absorb and retain. Ask your instrusting assignment. Be prepared to suggest some alternatives. You like to receive regular encouragement. Let your instructive help you grow. Think about how you can use corrective for Learning Environments Look for programs that are compatible with your core verified.	d figure out how it fits with your feelings and deeply held your ideas and exchange thoughts with others through u may also want to find a mentor — a trusted teacher, advisor is. norough research, and like to remain open to continual ignment that you lose track of other things that need to be king assignments into manageable pieces and set yourself a ements and ensure your plans are realistic and feasible. If ling to follow it. ways to make the subject more personally meaningful. For societal problem? This can make it more relevant and ructor if you can use different methods to complete an tructor know that you appreciate feedback and like to know the criticism too. Remember that all feedback is intended to feedback to improve. alues, where you can be true to yourself and pursue your
quest for meaning and harmony. Some areas that may philosophical, educational or humanitarian fields. You n interdisciplinary studies and opportunities to design your look for an educational setting that is welcoming toler	nay want to investigate independent study programs, ur own major.
Look for an educational setting that is welcoming, toler diversity and creative self-expression. Seek out approac	hable, inspirational instructors. Your ideal learning space is a

such as a park, library or place of worship.

caring, friendly environment where you can learn on your own or with a small group. When you need time alone to reflect, find a peaceful spot away from others. This might be a room at home or a quiet location in a public place

Participate in extracurricular activities that allow you to focus on causes or issues you care about and be able to feel like you're making a difference. For example, you could get involved with the school newspaper or a community arts organization, help out with a literacy program, volunteer at a local charity or offer one-on-one tutoring to other students.

Work and Productivity

choice.

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Strengths	Challenges
Desire to help	May be too
others	idealistic
Dedicated	Impractical or unrealistic
Adaptable, flexible	Resist ideas that conflict with values, feelings or
Future thinking	priorities
Resourceful, creative	Easily distracted
☐ Independent	Dislike hierarchy, rules, routine
☐ Honest	Desire
Multi-tasker	approval
Unconventional	
	Dislike tension, competing with others
Recommendations	
The following recommendations are based on your rebest for you.	esults. Consider each and select the ones you think would work
Your Preferred Environment	
	le with your deeply held values and principles. You have a strong twhat you are doing is moral, meaningful and makes a positive
difference in the world.	
	n which to create, contemplate ideas, and use your imagination. ne, but appreciate occasional opportunities to collaborate with
involve a lot of obligations, restrictions or supervis	place in a friendly, supportive work environment that doesn't sion. You are happiest in a creative, congenial workplace that a decisions and lots of control over your work and schedule.
	acknowledges your special gift for understanding others, and value
For Growth and Development	
	gh standards, you tend to be hard on yourself and may fixate on what you've achieved — and try not to get caught up in how you provement. That's what makes us human.
Learn to say "No" and be willing to delegate. Over fatigue. Take advantage of the expertise around y	rloading yourself with too many demands can lead to stress and you. Give tasks to others whose interests or skills are stronger than ts are completed in a timely manner and that everyone has a
set realistic goals and practice more accurately as into steps and plan to accomplish each within a s	nt skills. Sometimes deadlines and obligations must be met. Try to ssessing the time you'll need to complete them. Break your goal specified timeframe. Use a to-do list, calendar, whiteboard or sticky se aware, too, that you may tend to neglect your other duties if em.
	ore objective. You tend to rely on your feelings and may not her and analyze all the facts and details to assist in making your

Communication

issue or behavior and make a plan to address it.

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Strengths	Challenges	
Good listener	Reserved, may be	
 Empathetic, sensitive Eloquent, gifted writer Accepting, nonjudgmental 	shy Need time to reflect and react Uncomfortable with large groups Hard to get to	
☐ Warm, supportive and caring ☐ Good at one-on-one interaction	know Difficulty dealing with criticism	
Recommendations		
The following recommendations are based on your results. best for you.	Consider each and select the ones you think would work	
For Sending and Receiving Communication A good listener and deeply insightful, you have a remarkable ability to understand other people's motivations. You can use this perceptiveness, together with your other strengths, to support others, help them feel good about		

	themselves and guide them in finding solutions to their problems.
Г	While you don't seek out the spotlight and aren't quick to share your feelings with others, you express yourself well.
_	You likely excel at writing and can be a very capable public speaker when the topic is something you feel strongly
	about. You can use these strengths to promote your cause and help others understand and support it.
	You tend to be quite guarded around people you don't know well. This can make it difficult for others to get to know
	you and may cause them to see you as somewhat cold or distant. You, in return, may feel unappreciated or
	misunderstood. Look for shared interests that will help you relate to the other person, and be willing to open up a
	little about yourself. This can lead to a meaningful discussion and greater understanding.
Г	Supportive and encouraging, you likely provide plenty of praise and thoughtful feedback to others. You appreciate
_	positive feedback yourself, but may find constructive criticism very difficult to take. When receiving corrective
	feedback, understand that it's intended to help. It's not an attack on you as a person. Try to focus on the problematic

While you enjoy being with people, you are most comfortable with one-on-one conversations and may find it tiring dealing with large groups of people. If you're exhausted after lengthy periods of interaction, spend some time on your own to recharge.

Working with Others

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Strengths	Challenges
Driven to help	☐ Need to voice
others	views
☐ Sensitive	May be too
□ Loyal	selfless
Observant	Avoid conflict
Easygoing	Set high standards for self and
Encouraging	others
☐ Diplomatic	Need to expand network beyond
Respectful of	friends
others	Need time alone to
	reenergize
Recommendations	
The following recommendations are based on your results best for you.	. Consider each and select the ones you think would work
	alues. You may be very quiet while you listen to what othe ace you open up and begin to share your ideas, you can be

~ ~	Serior you.
Fo	or Interacting with Others Speak up more often about your needs, opinions and values. You may be very quiet while you listen to what others have to say and take in what's going on around you. Once you open up and begin to share your ideas, you can be incredibly inspirational to your team.
	You have the ability to see situations and viewpoints from all perspectives. In this regard, you can be tremendously useful in mediating difficult situations and helping to bring people together. You try to avoid conflict, but ignoring disagreements won't make them disappear. They can simmer and create lasting damage. While difficult, try to view resolving these issues as a necessary process that will improve things for everyone.
	Tension can leave you feeling emotionally drained. When dealing with a difficult situation, you may need some time on your own to reflect and recharge.
	Look for opportunities to build your professional network. You may prefer to be surrounded by like-minded people who you know well and consider to be friends. A more diverse network can lead to new career possibilities and a wider, more experienced support system. Networks should be mutually beneficial, so think about how you can help your contacts as well as how they can help you.
	You may have difficulty with people whose standards or principles clash with your own. You are deeply committed to your values and will vigorously defend them. Remember that others may be equally as passionate. Try to remain professional and respectful. If you can't come to an agreement, calmly accept that you have a difference of opinion

For Filling a Role

Advocate: championing ideas and people, striving for balance and harmony, building consensus, looking for cr	reative
solutions that will satisfy everyone.	

Explorer: looking for new and better ways of doing things, brainstorming ideas, encouraging others to use their talents and be innovative, exploring all the possibilities.

and move on. You may also want to discuss the situation with a trusted mentor to gain further insight.

Originator: developing new ideas, perspectives and solutions, predicting and strategizing for what is to come, and creating a long-term vision.

Career and Pathways



The careers listed below are all linked to your assessment results, with the careers at the top being the best match for your profile.

Personality Results

Personality Results		- NA.
Soil and Plant Scientists	Agriculture, Food and Natural Resources	
Animal Scientists	Agriculture, Food and Natural Resources	
Environmental Engineers	Agriculture, Food and Natural Resources	
Zoologists and Wildlife Biologists	Agriculture, Food and Natural Resources	
Natural Sciences Managers	Agriculture, Food and Natural Resources	
Food Scientists and Technologists	Agriculture, Food and Natural Resources	
Water/Wastewater Engineers	Agriculture, Food and Natural Resources	
Water Resource Specialists	Agriculture, Food and Natural Resources	
Agricultural Engineers	Agriculture, Food and Natural Resources	
Biomedical Engineers	Health Science	
Medical and Health Services Managers	Health Science	
Social and Community Service Managers	Human Services	
Credit Counselors	Human Services	
Loan Counselors	Human Services	
Video Game Designers	Information Technology	
Informatics Nurse Specialists	Information Technology	
Geographic Information Systems Technicians	Information Technology	
Software Developers, Applications	Information Technology	
Network and Computer Systems Administrators	Information Technology	
Business Intelligence Analysts	Information Technology	
Computer Systems Engineers/Architects	Information Technology	
Computer Systems Analysts	Information Technology	
Geospatial Information Scientists and Technologists	Information Technology	
Search Marketing Strategists	Information Technology	
Software Developers, Systems Software	Information Technology	
Database Architects	Information Technology	
Web Developers	Information Technology	
Computer Network Architects	Information Technology	

Computer Programmers	Information Technology	
Mathematicians	Science, Technology, Engineering and Mathematics	
Geneticists	Science, Technology, Engineering and Mathematics	
Bioinformatics Scientists	Science, Technology, Engineering and Mathematics	
Human Factors Engineers and Ergonomists	Science, Technology, Engineering and Mathematics	
Biochemists and Biophysicists	Science, Technology, Engineering and Mathematics	
Molecular and Cellular Biologists	Science, Technology, Engineering and Mathematics	
Microbiologists	Science, Technology, Engineering and Mathematics	
Computer and Information Research Scientists	Science, Technology, Engineering and Mathematics	
Biostatisticians	Science, Technology, Engineering and Mathematics	
Marine Architects	Science, Technology, Engineering and Mathematics	
Biologists	Science, Technology, Engineering and Mathematics	
Mechanical Engineers	Science, Technology, Engineering and Mathematics	
Microsystems Engineers	Science, Technology, Engineering and Mathematics	
Photonics Engineers	Science, Technology, Engineering and Mathematics	
Nanosystems Engineers	Science, Technology, Engineering and Mathematics	
Interior Designers	Architecture and Construction	
Architects, Except Landscape and Naval	Architecture and Construction	
Landscape Architects	Architecture and Construction	
Architectural Drafters	Architecture and Construction	
Civil Engineers	Architecture and Construction	
Transportation Engineers	Architecture and Construction	
Cooks, Private Household	Hospitality and Tourism	
Recreation Workers	Hospitality and Tourism	
Tour Guides and Escorts	Hospitality and Tourism	
Concierges	Hospitality and Tourism	
Jewelers	Manufacturing	
Fabric and Apparel Patternmakers	Manufacturing	

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Manufacturing Engineering Technologists	Manufacturing	
Industrial Engineering Technologists	Manufacturing	
Industrial Engineering Technicians	Manufacturing	
Chemical Technicians	Manufacturing	
Electromechanical Engineering Technologists	Manufacturing	
Urban and Regional Planners	Government and Public Administration	
Bioinformatics Technicians	Government and Public Administration	
Equal Opportunity Representatives and Officers	Government and Public Administration	
Occupational Health and Safety Specialists	Government and Public Administration	
Emergency Management Directors	Government and Public Administration	
Coroners	Government and Public Administration	
Arbitrators, Mediators, and Conciliators	Law, Public Safety, Corrections and Security	
Lawyers	Law, Public Safety, Corrections and Security	
Administrative Law Judges, Adjudicators, and Hearing Officers	Law, Public Safety, Corrections and Security	
Intelligence Analysts	Law, Public Safety, Corrections and Security	
Judges, Magistrate Judges, and Magistrates	Law, Public Safety, Corrections and Security	
Forensic Science Technicians	Law, Public Safety, Corrections and Security	
Police Detectives	Law, Public Safety, Corrections and Security	
Judicial Law Clerks	Law, Public Safety, Corrections and Security	
Emergency Medical Technicians and Paramedics	Law, Public Safety, Corrections and Security	
Probation Officers and Correctional Treatment Specialists	Law, Public Safety, Corrections and Security	
Criminal Investigators and Special Agents	Law, Public Safety, Corrections and Security	
Fire Investigators	Law, Public Safety, Corrections and Security	
Logistics Engineers	Transportation, Distribution and Logistics	
Logistics Analysts	Transportation, Distribution and Logistics	

Foreign Language and Literature Teachers, Postsecondary	Education and Training	
English Language and Literature Teachers, Postsecondary	Education and Training	
Architecture Teachers, Postsecondary	Education and Training	
Engineering Teachers, Postsecondary	Education and Training	
Physics Teachers, Postsecondary	Education and Training	
Geography Teachers, Postsecondary	Education and Training	
Biological Science Teachers, Postsecondary	Education and Training	
Area, Ethnic, and Cultural Studies Teachers, Postsecondary	Education and Training	
Atmospheric, Earth, Marine, and Space Sciences Teachers, Postsecondary	Education and Training	
Law Teachers, Postsecondary	Education and Training	
Psychology Teachers, Postsecondary	Education and Training	
Philosophy and Religion Teachers, Postsecondary	Education and Training	
Education Teachers, Postsecondary	Education and Training	
Business Teachers, Postsecondary	Education and Training	
Instructional Designers and Technologists	Education and Training	
Merchandise Displayers and Window Trimmers	Marketing	
Advertising and Promotions Managers	Marketing	
Public Relations and Fundraising Managers	Marketing	
Market Research Analysts and Marketing Specialists	Marketing	
Public Relations Specialists	Marketing	
Models	Marketing	
Marketing Managers	Marketing	
Sales Engineers	Marketing	
Sales Managers	Marketing	
Sales Representatives, Wholesale and Manufacturing, Technical and Scientific Products	Marketing	