

## **Your Personality**



#### Your personality type is ESTP:

Extraversion Introversion

### Introversion (I) vs. Extraversion (E)

How we interact with the world and where we direct our energy.

#### Introversion

- Focus attention inward
- Enjoy tasks that require concentration
- Work best on one project at a time
- Work at a careful, steady pace
- Consider things fully before speaking

#### **Extraversion**

- Focus attention outward
- Enjoy a variety of tasks
- Seek out and need other people
- Work at a rapid pace
- Need to talk through their ideas





### Sensing (S) vs iNtuition (N)

What kind of information we naturally focus on and remember.

#### Sensing

- Focus on "what is"
- Like working with what can be seen and touched
- Apply past experience to solving problems
- Need specific and realistic directions

#### iNtuition

- Focus on "what could be"
- Enjoy theory and speculation
- Like thinking about the future and possibilities
- Need to use their imagination



## Thinking (T) vs. Feeling (F)

Make decisions logically and impersonally, or use personal values.

#### Thinking

- Are motivated by achievement
- Enjoy analyzing problems logically
- Make fair and unbiased decisions
- Need to weigh the pros and cons to make decisions
- Can be tough negotiators

#### Feeling

- Motivated by work that is meaningful
- Sensitive to how issues affect people
- · Like helping others and being appreciated
- Need decisions to be congruent with their values
- Need to work in a friendly environment





### Judging (J) vs. Perceiving (P)

More structured (finalize decisions) or more spontaneous (keep options open).

#### **Judging**

- Enjoy work that allows them to make decisions
- Prefer a predictable work pattern and environment
- Work towards completing their responsibilities before relaxing
- Like to maintain control of their projects

#### **Perceiving**

- Enjoy flexible and changing work situations
- Like to be able to respond to problems as they arise
- Are more satisfied with fewer rules and procedures
- Need to have fun in their work

#### **Your Personality Profile**

You are a logical, active, forthright person. You are very observant and live in the moment, constantly evaluating people, ideas and activities around you. Energetic and motivated by excitement, you crave action. Realistic, curious and pragmatic, you don't hesitate to speak your mind and believe people should take responsibility for their actions. You are spontaneous and playful, enjoy being the focus of attention and can often make things entertaining.

Good at noticing and remembering specific details, you assess and quickly respond to immediate problems, but are less adept at long-range problem solving. You are a skilled negotiator, good in a crisis and comfortable with a certain amount of risk taking. You are able to make difficult decisions when necessary, using logic and the facts available.

Because you live so entirely in the present, you try to avoid planning much in advance. This can wreak havoc with deadlines and other time-sensitive commitments. You're not inclined to consider future implications or work out hidden meanings. You tend to be skeptical of untested possibilities unless you have previous experience with which to compare them.

Casual and easygoing, you rarely take things too seriously. You adapt easily to change, improvising when necessary. You dislike following rules, especially those you consider pointless, and you resist others' attempts to impose restrictions or controls on you. You may have difficulty respecting people in positions of authority. In general, however, you are pretty relaxed and tolerant of others.

You sometimes abandon your duties before they're completed and prefer starting new projects to finishing existing ones. Your ability to quickly deal with problems as they arise often helps you get through troublesome situations. Lively and carefree, you may have difficulty focusing on your responsibilities when you'd much rather be having fun.

You described your profile as:



## Learning









| Strengths                   | Challenges                                  |
|-----------------------------|---|
| Hands-on                    | □ Need variety                              |
| learner                     | ☐ Dislike abstract theory without practical |
| Observant                   | application                                 |
| Prefer group work           | ■ Not future-oriented                       |
| Resourceful                 | ☐ Will do required reading only             |
| Competitive                 | Not inclined to                             |
| ☐ Logical, concrete thinker | reflect                                     |
|                             | ☐ Need instant gratification                |

#### Recommendations

The following recommendations are based on your results. Consider each and select the ones you think would work best for you.

#### For Learning Activities

| Take advantage of opportunities to learn through real-life experience, especially those where you can take part in       |
|--|
| activities that employ your five senses. For example, go on field trips and take part in labs, role playing, seminars or |
| workshops that involve hands-on activities. You learn best by physically experiencing things and using as many of        |
| your senses as possible.   |
| If you're having difficulty grasping a concept, ask your instructor for some practical explanations, demonstrations or   |
| tangible examples. If you understand how the information could be applied to a real-life situation or problem, it will   |
| make more sense to you.  |
|  |

- Talk to others about ideas and assignments you think better when talking. Look for ways to engage with other students through team activities, competition, project work and group study. When required to do independent work, take a brief break every so often to reenergize by spending time with others.
- Learn to manage your time wisely. Don't be in such a hurry to complete your schoolwork that you end up handing in incomplete assignments.
- When you have to learn something boring, try to motivate yourself by focusing on how it could be useful to you. Think of a fun way to reward yourself as soon as the work is done. Make sure you actually complete the assignment before rewarding yourself!

#### For Learning Environments

| Ensure your course selections consist mainly of practical subjects that are compatible with your need to learn    |
|---|
| through experience and desire to understand how things work. Seek out instructors who have actual experience in   |
| your field of interest. Apply for internships, co-ops or work-study programs that will allow you to gain hands-on |
| experience and test your potential in a field of interest.  |

| П | You work well with others and like to learn in a fun, lively environment where the instructors are clear, accessible and |
|---|--|
|   | enthusiastic, and you're able to interact with the group.  |

- You thrive on variety. Mix up your course selections and schedule to add diversity to your classes, assignments and daily routine. Take advantage of independent study, collaborative projects and interdisciplinary options. Don't get pulled in too many directions or your schoolwork may suffer.
- Keep active and try lots of new things. Build some time into your schedule for activities and interests. Get involved in sports and extracurricular events that provide plenty of movement, variety, socializing and fun. Take care not to spend so much time socializing that you neglect your studies.

## **Work and Productivity**

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| Strengths  | Challenges   |
|--|--|
| Good at improvising  | Dislike routine  |
| ☐ Adaptable  | Easily bored or distracted   |
| Energetic  |  |
| Practical  | ■ Need   |
| Adventurous  | autonomy   |
| Good under pressure  | May take things too<br>literally   |
|  | Disregard for long-term  |
|  | planning   |
| <b>Recommendations</b> The following recommendations are based on your results best for you. | s. Consider each and select the ones you think would work  |
| Your Preferred Environment   |  |
| Takes place in a competitive, fast-paced environment, challenges.                            | with plenty of new   |
| Feeds your enthusiasm with lots of fun and excitemen and tangible, immediate results.        | t. You prefer hands-on work and thrive on action, variety, risk  |
|  | e. Conflict doesn't bother you; you're at your best in a crisis and<br>kly assess a situation and immediately devise a practical |
| Cives you the freedom to set your own tasks and sche   | dule and doesn't involve a lot of rules or   |

#### For Growth and Development

your work or interfere with someone else's.

repetition.

| Prepare adequately for large projects and don't ignore problems because they aren't interesting or will take too long |
|---|
| to solve. Break the goal into small, measurable steps and celebrate the accomplishment of each one. In this way, you  |
| can enjoy frequent successes while working toward the overall goal.   |

Allows for plenty of activity and interaction with other people. Take care not to socialize so much that you neglect

Meet your deadlines and follow through on your commitments. While you crave excitement and new experiences, intentionally creating delays is not the best way to achieve it. Work on your time management skills and resist getting sidetracked by other activities until your work is done.

Slow down and think things through when making important decisions. A snap decision isn't always the best option. Ask questions. Learn how to make inferences. Consider the ramifications and opportunities your decision will present both now and in the future.

Ask for help when you need it.

## Communication

if you sense they're feeling annoyed or overwhelmed.

| $\widetilde{}$ |     |
|----------------|-----|
| X)             | (f) |
|                |     |







| Strengths  | Challenges   |
|--|--|
| ☐ Fun  | ☐ Blunt  |
| Spontaneous  | Dismissive   |
| ☐ Enthusiastic   | Overbearing  |
| Outgoing   | Unemotional  |
| Perceptive, especially to non-verbal cues                | Not inclined to listen   |
| Recommendations  |  |
| The following recommendations are based on best for you. | your results. Consider each and select the ones you think would work   |
|  | on<br>int of rudeness. Be aware that your straightforward manner can be hurtfo<br>ation or criticism. Think about how to convey your message with tact and           |
|  | er than just talk. If you find it difficult to focus during long discussions, ogether while you talk. The activity will energize you and help you                    |
|  | develop an instant rapport with most people. While you can be highly note. Paying attention to feelings and the other person's viewpoint will stronger relationship. |

 $\begin{tabular}{ll} \hline & Watch how people react to your message and how you're presenting it. Be prepared to tone down your enthusiasm. \\ \hline \\ \hline & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're presenting it. \\ \hline \\ & Watch how people react to your message and how you're present it. \\ \hline \\ & Watch how people react to your message and how you're present it. \\ \hline \\ & Watch how people react to your message and how you're present it. \\ \hline \\ & Watch how people react to your message and how you're present it. \\ \hline \\ & Watch how people react to your message and how you're present it. \\ \hline \\ & Watch how people react to your message and how you're present it. \\ \hline \\ & Watch how you're present it. \\ \hline \\ & Watch how you're present it. \\ \hline \\ & Watch how you're present it. \\ \hline \\ & Watch how you're present it. \\ \hline \\ & Watch how you're present it. \\ \hline \\ & Watch how you're present it. \\ \hline \\ \\ & Watch how you're present it. \\ \hline \\ \\ & Watch how you're present it. \\ \hline \\ \\$ 

# **Working with Others**

carries out their responsibilities.

problems.









| Strengths   | Challenges  |  |
|---|---|--|
| ☐ Sociable  | Bossy   |  |
| Persuasive, good  | Lack empathy  |  |
| facilitator   |   |  |
| Motivational  | Overly competitive                                      |  |
| Assertive   | ■ Need to appreciate others'                            |  |
| Excellent negotiator  | efforts   |  |
| negotiator  | May be  |  |
|   | unscrupulous  |  |
| Recommendations   |   |  |
| The following recommendations are based on your results. best for you.  | Consider each and select the ones you think would work  |  |
| For Interacting with Others  You're not afraid to take charge of a situation and shake things up. Use your strengths to bring people together, and lead, influence and motivate them. Take care, however, to be considerate of their feelings, so you don't come across as overbearing. Be a leader, not a tyrant.  Make a point of providing positive feedback to others on a regular basis. You may not feel the need for feedback or to have your actions validated. However, some people are more productive if they are praised for their efforts.  Healthy competition can be good. But make sure you aren't debating issues simply because you enjoy the sense of urgency it creates and the opportunity to "win" at any cost.  Prepare sufficiently for team meetings and stick to the plan for group projects. While you may love to improvise, it can be frustrating to others if you are unprepared or constantly shifting focus.  Teamwork and negotiation involve working with all kinds of people. Recognize that everyone brings valuable skills to the group, even if their outlook and talents — or even their sense of humor — are different from your own. |   |  |
| For Filling a Role  |   |  |
| <b>Expediter</b> : advancing progress by any means necessary others into action.  | , dealing with whatever needs to be done and motivating |  |
| <b>Director</b> : organizing goals, identifying and gathering su  | itable resources, and ensuring everyone understands and |  |

Analyzer: examining, testing, understanding and defining in order to explain things and solve

# **Career and Pathways**



The careers listed below are all linked to your assessment results, with the careers at the top being the best match for your profile.

### **Personality Results**

| Personality Results                                |                               |  |
|--|-------------------------------|--|
| Surveyors  | Architecture and Construction |  |
| Transportation Engineers                           | Architecture and Construction |  |
| Construction Managers                              | Architecture and Construction |  |
| Civil Drafters                                     | Architecture and Construction |  |
| Architectural Drafters                             | Architecture and Construction |  |
| Civil Engineers                                    | Architecture and Construction |  |
| Cost Estimators                                    | Architecture and Construction |  |
| Civil Engineering Technicians                      | Architecture and Construction |  |
| Interior Designers                                 | Architecture and Construction |  |
| Surveying Technicians                              | Architecture and Construction |  |
| Oral and Maxillofacial Surgeons                    | Health Science                |  |
| Prosthodontists                                    | Health Science                |  |
| Chiropractors                                      | Health Science                |  |
| Medical and Health Services Managers               | Health Science                |  |
| Pharmacists  | Health Science                |  |
| Dietitians and Nutritionists                       | Health Science                |  |
| Optometrists                                       | Health Science                |  |
| Medical Scientists, Except Epidemiologists         | Health Science                |  |
| Dentists, General                                  | Health Science                |  |
| Orthodontists                                      | Health Science                |  |
| Mental Health Counselors                           | Human Services                |  |
| Rehabilitation Counselors                          | Human Services                |  |
| Substance Abuse and Behavioral Disorder Counselors | Human Services                |  |
| Healthcare Social Workers                          | Human Services                |  |
| Mental Health and Substance Abuse Social Workers   | Human Services                |  |
| Community Health Workers                           | Human Services                |  |
| Child, Family, and School Social Workers           | Human Services                |  |
| Funeral Service Managers                           | Human Services                |  |
| Social and Human Service Assistants                | Human Services                |  |
| Counseling Psychologists                           | Human Services                |  |
| Social and Community Service Managers              | Human Services                |  |
| Clinical Psychologists                             | Human Services                |  |
| Directors, Religious Activities and Education      | Human Services                |  |
| Clergy   | Human Services                |  |
| Industrial-Organizational Psychologists            | Human Services                |  |
|  |                               |  |

| Electrical Engineering Technologists   | Manufacturing                                      |  |
|--|--|--|
| Mechanical Engineering Technologists   | Manufacturing                                      |  |
| Aerospace Engineering and Operations Technicians                                 | Manufacturing                                      |  |
| Robotics Technicians   | Manufacturing                                      |  |
| Manufacturing Production Technicians   | Manufacturing                                      |  |
| Automotive Engineering Technicians   | Manufacturing                                      |  |
| Electro-Mechanical Technicians   | Manufacturing                                      |  |
| Nuclear Equipment Operation Technicians  | Manufacturing                                      |  |
| Manufacturing Engineering Technologists  | Manufacturing                                      |  |
| Electrical Engineering Technicians   | Manufacturing                                      |  |
| Nanotechnology Engineering Technicians   | Manufacturing                                      |  |
| Photonics Technicians  | Manufacturing                                      |  |
| Mechanical Drafters  | Manufacturing                                      |  |
| Electromechanical Engineering Technologists                                      | Manufacturing                                      |  |
| Electrical Drafters  | Manufacturing                                      |  |
| Sound Engineering Technicians  | Arts, Audio/Video Technology and Communications    |  |
| Telecommunications Equipment Installers and Repairers,<br>Except Line Installers | Arts, Audio/Video Technology and Communications    |  |
| Broadcast Technicians  | Arts, Audio/Video Technology and Communications    |  |
| Agents and Business Managers of Artists, Performers, and Athletes                | Arts, Audio/Video Technology and Communications    |  |
| Telecommunications Line Installers and Repairers                                 | Arts, Audio/Video Technology and Communications    |  |
| Camera Operators, Television, Video, and Motion Picture                          | Arts, Audio/Video Technology<br>and Communications |  |
| Dancers  | Arts, Audio/Video Technology<br>and Communications |  |
| Radio Operators  | Arts, Audio/Video Technology and Communications    |  |
| Technical Directors/Managers   | Arts, Audio/Video Technology and Communications    |  |
| Prepress Technicians and Workers   | Arts, Audio/Video Technology and Communications    |  |
| Broadcast News Analysts  | Arts, Audio/Video Technology<br>and Communications |  |
| Audio and Video Equipment Technicians  | Arts, Audio/Video Technology<br>and Communications |  |
| Printing Press Operators   | Arts, Audio/Video Technology<br>and Communications |  |
| Program Directors  | Arts, Audio/Video Technology<br>and Communications |  |
|  |  |  |

| Producers  | Arts, Audio/Video Technology<br>and Communications |   |
|--|--|---|
| Slot Supervisors   | Hospitality and Tourism                            |   |
| Umpires, Referees, and Other Sports Officials  | Hospitality and Tourism                            |   |
| Animal Trainers  | Hospitality and Tourism                            |   |
| Athletes and Sports Competitors  | Hospitality and Tourism                            |   |
| Recreation Workers   | Hospitality and Tourism                            |   |
| Chefs and Head Cooks   | Hospitality and Tourism                            |   |
| Tour Guides and Escorts  | Hospitality and Tourism                            |   |
| Bartenders   | Hospitality and Tourism                            |   |
| Maids and Housekeeping Cleaners  | Hospitality and Tourism                            |   |
| Baggage Porters and Bellhops   | Hospitality and Tourism                            |   |
| Reservation and Transportation Ticket Agents and Travel<br>Clerks                            | Hospitality and Tourism                            |   |
| Food Service Managers  | Hospitality and Tourism                            |   |
| Bakers   | Hospitality and Tourism                            |   |
| Travel Guides  | Hospitality and Tourism                            |   |
| Cooks, Restaurant  | Hospitality and Tourism                            |   |
| Computer Network Support Specialists   | Information Technology                             |   |
| Telecommunications Engineering Specialists   | Information Technology                             |   |
| Computer User Support Specialists  | Information Technology                             |   |
| Network and Computer Systems Administrators  | Information Technology                             |   |
| Information Security Analysts  | Information Technology                             |   |
| Search Marketing Strategists   | Information Technology                             |   |
| Informatics Nurse Specialists  | Information Technology                             |   |
| Document Management Specialists  | Information Technology                             |   |
| Computer Systems Analysts  | Information Technology                             |   |
| Database Administrators  | Information Technology                             |   |
| Geographic Information Systems Technicians   | Information Technology                             |   |
| Real Estate Brokers  | Marketing  |   |
| Energy Brokers   | Marketing  |   |
| Sales Engineers  | Marketing  |   |
| Public Relations and Fundraising Managers  | Marketing  |   |
| Advertising and Promotions Managers  | Marketing  |   |
| Sales Representatives, Wholesale and Manufacturing,<br>Technical and Scientific Products     | Marketing  |   |
| Sales Managers   | Marketing  |   |
| Real Estate Sales Agents   | Marketing  |   |
| Sales Representatives, Wholesale and Manufacturing, Except Technical and Scientific Products | Marketing  |   |
| Public Relations Specialists   | Marketing  |   |
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| First-Line Supervisors of Non-Retail Sales Workers           | Marketing   |          |
|--|---|----------|
| Property, Real Estate, and Community Association<br>Managers | Marketing   |          |
| Wholesale and Retail Buyers, Except Farm Products            | Marketing   |          |
| Marketing Managers   | Marketing   |          |
| Retail Salespersons  | Marketing   |          |
| Radio Frequency Identification Device Specialists            | Science, Technology,<br>Engineering and Mathematics |          |
| Wind Energy Engineers  | Science, Technology,<br>Engineering and Mathematics |          |
| Architectural and Engineering Managers                       | Science, Technology,<br>Engineering and Mathematics |          |
| Park Naturalists   | Science, Technology,<br>Engineering and Mathematics |          |
| Range Managers   | Science, Technology,<br>Engineering and Mathematics |          |
| Automotive Engineers   | Science, Technology,<br>Engineering and Mathematics | <b>*</b> |
| Manufacturing Engineers                                      | Science, Technology,<br>Engineering and Mathematics |          |
| Mechanical Engineers   | Science, Technology,<br>Engineering and Mathematics | <b>*</b> |
| Environmental Restoration Planners                           | Science, Technology,<br>Engineering and Mathematics | <b>*</b> |
| Remote Sensing Technicians                                   | Science, Technology,<br>Engineering and Mathematics | <b>*</b> |
| Product Safety Engineers                                     | Science, Technology,<br>Engineering and Mathematics |          |
| Soil and Water Conservationists                              | Science, Technology,<br>Engineering and Mathematics |          |
| Precision Agriculture Technicians                            | Science, Technology,<br>Engineering and Mathematics |          |
| Remote Sensing Scientists and Technologists                  | Science, Technology,<br>Engineering and Mathematics |          |
| Microsystems Engineers                                       | Science, Technology,<br>Engineering and Mathematics |          |