



RYAN INTERNATIONAL SCHOOL VASANT KUNJ

PULSE

October 2018 - March 2019



Dr. A.F. Pinto
Chairman, Ryan Group



Madam Grace Pinto
MD, Ryan Group

It gives us immense joy to congratulate you dear students and the entire editorial team for your contribution and sincere efforts to come out with this issue of the School News Letter: "-----". School and individual achievements, skills and talents, national and international events and a semester of bustling and delightful activities that has just rolled by have been wonderfully highlighted. We are proud of you dear students for your achievements and incredible endeavours. Keep it up!

Theodore Roosevelt, the 26th President of the United States has beautifully said, "Believe you can and you're halfway there." As you climb the ladder of your academic prowess, we want you to be determined to achieve what you have aimed. You are capable of incredible things in your life and we believe you can do it with joy and happiness. You are precious to us and a king/queen in your own area of interest and talents. Be open to cultivate skills, imbibe values and knowledge and it will be you a bright future. Make the best use of your vacation and learn new and refreshing things. Finally, always say to yourself, "I can, I will, I must be a WINNER".

God bless you and your families.

EDITORIAL TEAM



SUB EDITORS

Merin Thomas- XII F
L.Shruti- XII C
Saanya Dhawan - X B
Martina Rozario - X C
Rian Borah- X E

TEACHER'S SUPPORT

Ms Arti Bahadur
(VICE-PRINCIPAL)

Ms. Anajana Prasad
Ms. Jaya Sayal



5th Feb, 2019 at Ryan International School, Vasant Kunj - A **FAREWELL CEREMONY** was organised **FOR THE BATCH 2018-2019**. Madam Grace Pinto Managing Director, Ryan International Group of Institutions graced the occasion as she blessed the Class XII students on their special day. The outgoing students presented their gratitude to their Alma Mater.



THE RYAN NURSERY EXTRAVAGANZA held on 26th Nov, 2018 witnessed an array of Competitions for the various schools which were invited across Delhi. The Whiz Quiz, Rhyme & Rhythm and My Canvas-My World were the interesting events of the day. The tiny tots participated with great zeal & enthusiasm.



CHILDREN'S DAY was celebrated on 14th Nov, 2018 marking the birth of our 1st Prime Minister Pt. Jawahar Lal Nehru. The program began with a melodious song describing the bliss of childhood and how it has the ability to impact our entire lives. An inter-house quiz competition was organised in which the students participated and enjoyed with great enthusiasm.



A special assembly on the occasion of **TEACHER'S DAY, 5th Sept, 2018** was organised by class XII students for their teachers. The students expressed their gratitude to the teachers for their gentle words of wisdom, continuous guidance and a positive influence on their lives.



A special assembly was organised on the occasion of **Gandhi Jayanti on 1st Oct, 2018** in the amphitheatre where the students of class XI & XII were felicitated for their exceptional achievements with Golden (genius) and Red (achiever) ties. Ms. Karman Kaur Thandi an International Tennis Player and a Ryan alumnus graced the occasion and motivated the Ryanites.

EVENTS & HAPPENINGS



A **Rocketry Workshop** was held on 23rd Oct, 2018 at Ryan International School, Vasant Kunj under the guidance of SDRD professionals. The students made Hydro-Rockets with the material provided in the kit. To spice up their competitive spirit, the students were judged in categories quickest rocket, neatest rocket, creative rocket and farthest travelling rocket.



An interesting and interactive workshop was held on 1st Dec, 2018 for the students of class 10 and 11 by life coach and facilitator Mr Paarth Ashok Narang who has coached several Engineers, Teachers and Professionals nationally and internationally. He threw light on what and how we should blend our dreams with real world expectations.



Ryan International School, Vasant Kunj organised the Flower show on 23rd Feb, 2019. The school premises shone with the glory of beautiful flowers of different varieties. The Flower show was mainly conducted to educate students about the variety of flora and develop interest in plant conservation. The products of the vegetable garden and vermi-compost pit were also displayed which emphasize organic farming.



An orientation session was conducted for the parents of the Pre-School Students on 23rd Feb, 2019 and 2nd Mar, 2019 in the school auditorium. The parents were officially welcomed by the School Principal Ms. Anuradha Sharma. The session highlighted the school vision as laid out by the Chairman of Ryan International Group of Institutions Dr. A.F. Pinto. This was followed by sharing necessary information about School timings, uniform, mode of transport, school communication systems and various best practices including opportunities provided by the Ryan Group such as INMUN, Theatre Festival, Beyond Breaking News. Teachers gave a peep into the classrooms by presenting a demonstration on the innovative teaching methodologies used.

Atal Tinkering Labs

Nurturing Young Minds to Innovate.



Play area. Only if you want to play with science.



The Atal Tinkering Lab was inaugurated at Ryan International School, Vasant Kunj on 22nd January, 2019, by Dr Waris Ahmed Khan, Deputy Director at IGNOU and Mr. Saurabh K Satheesh, alumni of batch 2013, the student from the first batch of Mechatronics from IP University.



Atal Lab Innovations and the projects showcased rovers, 3D-Models and other projects including Artificial Intelligence.

RYAN



EXCELLENCE IN EDUCATION
&
ALL ROUND DEVELOPMENT

ANNUAL ATHLETIC MEET



Mr. Ryan Pinto, CEO Ryan International Group of Institutions inaugurated the ANNUAL ATHLETIC MEET by welcoming the guests along with the NCC Cadets and thanked them for their gracious presence. The Inter Ryan Sports Meet was a mega event which saw participation by 13 branches of Ryan Group of schools across Delhi and NCR. The event was celebrated over 3 days from 21st- 23rd Dec, 2018 at the sprawling Chattrasal stadium with much fervor and passion.



Ryan Vasant Kunj boys bagged 9 Gold 5 silver and 1 bronze. A total of 135 medals and certificates were awarded. The Student council and the school band of Vasant Kunj were judged as the winners.





Tushar Singh Pundir and Sahej Verma of class X, participated in the State Level Quiz Competition on Life and Works of Mahatma Gandhi held at National Science Centre ,Ministry Of Culture, Government Of India, New Delhi and secured the first position



Ryan International School, Vasant Kunj has been awarded the **Future 50 Schools Shaping Success** for the 2nd year in a row by **Fortune India Magazine** in collaboration with **Univariety**.



Saanchi Mehra participated in an All India 6th Korea- India Friendship Essay Writing Competition 2018 and won the special prize and was felicitated at the Korean Cultural centre.



Mrs. Anuradha Sharma, Principal Ryan International School, Vasant Kunj received the Award of Excellence for the outstanding contribution in Education from Hon'ble Home Minister, Shri Rajnath Singh.



U-19 Football team of Ryan International School, Vasant Kunj participated in the CBSE Cluster XX football championship held at DPS, Vasant Kunj. They were declared the second runners up in which 128 schools participated in the Championship.



The U-18: Volley Ball Team of Ryan International School, Vasant Kunj participated in the Zonal:InterSchool Volley Ball Championship (Zone-20 South West-A) and bagged the first position.



Aditi Nagar participated in the CBSE Athletic Games at Polo Ground ,Model Town, Delhi and secured the 4th position in 400mts race and 3rd position in 800mts race. She has been selected for the CBSE National Athletics Games to be held in



Saanvi Saxena participated in the 15th South & West India Invitational Taekwondo Championship held on 20th and 21st October, 2018 under the category of 42-45kgs. Saanvi was awarded with a gold medal in individual sparring and a silver medal in Team sparring events.

Awards & Achievements



Bhavya Kalra participated in an Art Exhibition organized by Manorama School of Fine Arts at All India Fine Arts and Crafts society (AIFACS), her painting was awarded with the Best Artist trophy.



Leisha Saini, a student of class VI Ryan International School Vasant Kunj secured 14 All India Rank in National Creativity Olympiad. She received a merit certificate and a cash prize of Rs. 1000/-



RYAN INTERNATIONAL SCHOOL,
VASANT KUNJ



Congratulating

MST. RAHUL SEHRAWAT AND MST. SIDDHARTH LOHIA

**FOR BAGGING THE 1ST POSITION (U-19 BOYS)
AT THE 64TH NATIONAL GAMES BASKETBALL CHAMPIONSHIP**

Siddharth Lohia and Rahul Sehrawat secured the First position and won Gold Medals in the 64th National Games Basket Ball Championship U-19 boys, organised by the School Games Federation of India (SGFI) held at Chhatrasal Stadium, New Delhi,



Shambhavi Gupta of class VI, Ryan International School, Vasant Kunj class VIII participated in the poster making competition held at Meteorological Department, Ministry of Earth Sciences, Government of India. She received a Certificate of Merit and a consolation prize by Dr. Harsh Vardhan, Minister of Science and Technology.



RHYTHM SINGH & NAVYA WADHWA of Class VIII, Ryan International School Vasant Kunj received a special mention for the Science Model that they presented at The National Science Centre. The students made a solenoid shock absorber which was made to reduce the number of car accidents based on the principle followed was Repulsion of Magnets.



Students of class XI participated in an In-house organ donation poster making competition-organized by the National Organ and Tissue Transplant Organization (NOTTO) under the Directorate General of Health Services, Ministry of Health and Family Welfare.



2018 Theatre Festival



Ms. Sonal Pinto, Director , Ryan International Group of Institutions honoured the Theatre Festival at National Bal Bhawan, New Delhi on 28th Dec, 2018 with her presence and interacted with the YJ's - YJ Stuti Kapoor and YJ Rahul Sengupta. The theme of the festival was 'Our Stories On Stage'.



The students of class VIII showcased their talents through self-scripted plays based on their personal experiences from life , like Bullying, Academic Pressure and Generation Gap.



The students expressed their feelings through the play 'I Myself', highlighting concerns like Space to Play, Identity Crisis and Limited Choices.

APPRECIATIONS & RECOGNITIONS

I am the Father of Poorva of class 8-A. Firstly, I would thank you for giving my daughter this wonderful opportunity to showcase her talent. And also for giving me the opportunity to once again get back and renew my childhood memories. The idea of the Theatre Festival was too good and was very well framed and presented by the students. I would also like to thank all the staff members who were involved in making this Annual Day a commendable one. I myself also enjoyed a lot by comfortably sitting and enjoying the show. The Ryan Fiesta was also very well put up. I also participated in the game called Musical Chairs and went up till Top 3. And danced with one of the participant of the Ryan Parents Got Talent. At the last would like to present a heartfelt gratitude along with my wife for putting up a fabulous show and making our usual Friday morning an amazing one.

With Regards
CA Pawan Khandelwal



Dear Mam
We want to thank the school management for organising this amazing workshop for our kids. We loved that the school focuses not only on studies but other things equally. These workshops helped Anisha to overcome her fears of enacting on stage and be more open. We enjoyed the show very much and it was a pleasure for us to see our daughter enacting in front of us. We would also like to thank the coordinator and teacher incharges without whom it wouldn't be possible. We would be looking forward for more amazing workshop like these. We enjoyed participating in the fun games organised for parents. Regards
Sunil Sharma and Neha sharma
(Anisha's Dad and Mom)

I would like to congratulate the school for all the hard work done by you, your teaching colleagues and beloved students who made the day a fabulous one... talented and awesome performances by each student. As per my personal opinion, Apoorva and Amrita were the best. Please always pour your blessings on all the students

Regards
Mahipal Singh Negi
(Father of Shlok Negi) 8th F

Dear ma'am
The theatre presentation was very well done and the children performed with great confidence and showmanship. Congratulations and hope the coming months will be a great year for you and the Ryan family.
Warm regards
Swayamprabha & Sumit banerji
(Parents of Ms. Urvi Banerji, 8th A)

Thanking for inviting us and make us witness a wonderful performance presented by class VIII students. The unique conceptualised show which made larger group of students demonstrate their skill was very welcoming and it showed each student possessing talent in some form or other. Social messaging which touched audience and student was the highlight on creative side. Post show activities brought fun and frolic to the student and parents equally Overall thoroughly enjoyable and refreshing . Keep the creative spirit going on.....Thanks
Rohit



It was really refreshing to see young children performing so well on topics that conveyed what children actually feel. It was a creative effort, and we parents also connected with our children in a unique way. It proved to be a learning platform for parents as well.



MONTESSORI GRADUATION & JUNIOR FEST



Montessori Graduation Ceremony held on 16th Mar, 2019 in the school amphitheatre - An unforgettable day- Dancing and Singing along with our Dear friends, Thanking our mentors



On this Big Day students were recognised and awarded for their talents and calibre on a stage of opportunities.



Junior Fest and Prize Distribution ceremony held on 16th Mar, 2019 in the school amphitheatre.



Students of class I&II showcased their talents and were recognised in various categories of Ryan Excellence Awards.



A plethora of musical performances such as Pirates vs Mermaids and a dance conveying the message of "One Nation One Heart".

ACKNOWLEDGEMENTS

It was a splendid experience indeed. So colourful, so organised, so meticulous. kudos to all children and ma'am for this grand function. Thank you ma'am for your constant motivational vision and nurturing Nishchay for what he is today... you found the caliber in him and provided him with a platform. Thanks with much Regards – Rohit Singh(Parent Yashodhan Singh) – PP-C



It was a great show, so entertaining and the confidence of our kids as well as execution by all teachers was awesome. It's not easy to perform on stage in front of lots of audience. Regards Vekantachalapathy (Parent V.Srinika)- PP-E

Dear Ma'am. I wanted to congratulate you all on the success of one of the best Annual Days, I have seen. I could clearly see the hard work the teachers would have done to get the exceptional performance out of the little toddlers! Hats off to the team! The stage was well done, confidence in the kids was amazing and the message for the viewers was fantastic. !!It was definitely an emotional & proud moment for me as a parent to see Avyaan on stage dancing happily and receiving the prize confidentially. Ma'am You're a blessing not only to these little children but to many parents. Thank you for your hard work and dedication! Regards Rajeev Pratap(Parent Avyaan Pratap)- PS-B



Dear Ma'am, there are no words that can describe our gratitude for your thoughtfulness, patience (with our children & us too) and love for our children. Thank you for helping to bring out the best in our children. It was indeed a proud moment for all of us.

Thank you once again for being such an amazing teacher. Regards Deepak Sachdeva(Parent Avni Sachdeva) II-A

Respected Madam,

Instead of the school thanking me, I should be thankful to the school management for bestowing the honour on me by making me a "Special invitee" to the function (although I don't think I have done anything of note till date to deserve such an honour). It was an absolute privilege to be there to witness such an exhilarating, well-managed, well-choreographed ceremony on such a massive scale. The hard-work of all the kids and teachers (especially the respective Class Teachers, Art & Music teachers) was apparent & deserves Kudos. The colourful attire of students, the props & the digital screen (& coordination with voiceovers), were simply amazing. All kids were looking super-cute as ever. I bet nobody can be afraid of pirates now, if they are so adorable (all wearing the same mustaches & scars at exactly the same place on their faces). It is so good to see the overall positive environment in the school under your leadership and the look of happiness, belongingness & delight on faces of kids, parents and especially your learned teachers. That's what really matters !!! Alka Ma'am & other comperes did an excellent job, and their energy & positivity was infectious for all !!! Bravo, Team RISVK !!! Keep rocking & improving by bringing in new thoughts !!!

आदर सहित | With regards, सत्यबीर सिंह | Satyabir Singh

Today's program was really amazing and we enjoyed a lot..Your effort and hard work was shown in the program....thank you so much..Regards Puneet Kapoor (Parent Surryansh Kapoor) II-D



We would like to thank you from the bottom of our heart for your valuable support and guidance in thriving academic and social values in our ward which he going to treasure for life long. Regards Jatinder Kochhar(Parent Vivaan Kochhar)-I-A

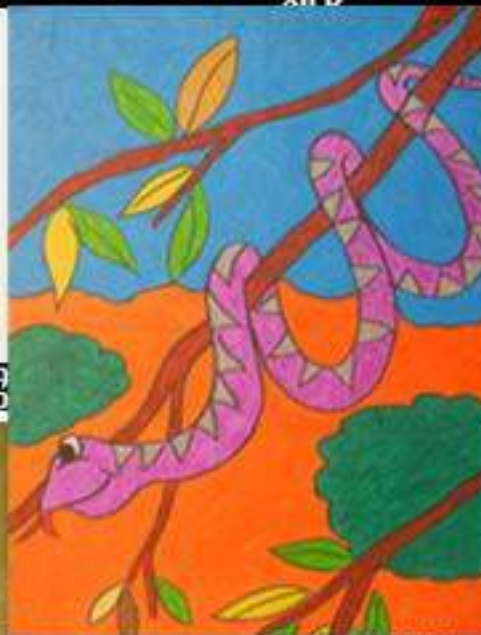


KRISHMEET SINGH
XII D

KRITI LOHIA
X F



VAIBHAV GUPTA
XII D



YASMIN
V-A



MUSKAAN GARG
VIII D



JULIE
VIII E



SAMBHAVI GUPTA
VIII E



OJASVI
PRE-SCHOOL C

EXPRESSIONS OF THOUGHTS



Idealist Vs Realist



The better one; the above the ordinary,
The visionary; the inspirer,
The catalyst for man's good.
The meek, the miser, the clever,
The opportunist; Oh! Realist,
Accept that it is me; who is paramount
Accept that my thoughts are those
Powerful arrows
And yours ; not morethan a small needle.
After your defeat
Reflection; you become of me
You cut through the mountains
Touch the skies;Realism you'll shred
Idealist you will be.
Realist, I am; not an philosopher
Things talked about can only be spoken.
I'd rather use wit and that small needle
Sometimes a needle does
What anarrow doesn't.
Your visions are not visions
They are like a child's dreams
Like Alice in the Wonderland.
Oh! Idealist. You be Julius Caesar;
Dumb and impractical and me be
Mark Antony
The diplomat and the realist.
Long live realist...
Your talks are the same
But your thoughts differ
I must choose what I become....
Will surely think about it
Probably after my studies get over...
"Till then do what we?"
Find someone else,
Someone more interested in these
Unnecessary things....!

Harshit Budhakoti
XI-A

A True Friend

Friends are the pearls of our lives. The word 'friend' bears a great meaning only to those who can understand the greatness of its meaning. Here, I have listed the features which I would like to see in my best friend.

Trustworthy - It is said that, "the most reliable friend you have is your shadow;" I wish my friend would be like my shadow and would never betray me.

Supportive - My friend should be supportive all the time. My friend should be helpful and kind. Whenever I find myself in a tough situation, he should always encourage me to face the challenges.

Understanding - My friend should have the quality of understanding people. I need not to explain my friend about my mood swings,instead my friend should be able to understand my mood instantly.

At last, I only want to say, "a best friend is like a four leaf clover, hard to find but lucky to have."

Harshit Batra
V-F



प्रकृति

दोस्तों ! प्रकृति से हुआ हमारा मिलन ।

खिले हैं फूल हर जगह , मेरा मन खुश है वेवजह ।

यह खिलते हुए फूल , बढ़ाते हैं जीवन का मूल्य ।

प्रकृति से हुआ हमारा मिलन ।

यह प्रकृति ही तो है , जिसकी वजह से मैं खुद से मिली ।

प्रकृति ही देती है मुझे आनंद , जो मुझे बनाती है मुझे जीवंत ।

प्रकृति से हुआ हमारा मिलन ।

प्रकृति नहीं तो हम क्या हैं , प्रकृति नहीं तो हम कहाँ हैं?

प्रकृति ने दिया मुझे जीवन , प्रकृति ही है मेरे संग ।

प्रकृति से हुआ हमारा मिलन ।

दोस्तों ! प्रकृति से हुआ हमारा मिलन ।



Laxmi Saini

7-D

Meine schule- Ryan International School

Es fühlt sich stolz und privilegiert, Teil der Familie Ryan zu sein. Ryan Vasant Kunj ist nicht nur eine Schule für mich, an der ich herkomme, erzogen werde und gehe. Es ist ein Zuhause, eine Plattform, auf der ich die Möglichkeit hatte, mich zu identifizieren und zu einem positiven Menschen zu werden. Seit Montessori bis zur zehnten Klasse erhielt ich Möglichkeiten in verschiedenen Bereichen wie Tanz, Singing, Reden, Schreiben, Orchester und verschiedenen Sportarten. Die 12 Jahre meines Lebens in der Ryan International School haben meine Persönlichkeit geprägt und mir Charakter verliehen. Ich bin unserem Vorsitzenden Herrn Dr sehr dankbar.

A.F.Pinto, geschäftsführer Madam Grace Pinto und CEO sir Mr. Ryan Pinto für die Bereitstellung einer solchen Plattform, auf der wir lernen und wachsen können.

Stuti Kapoor

10-G



जीवने समयः

जीवने समयः एव सर्वाधिकः मूल्यवान् भवति । अतीतस्य समयस्य एकम् अपि क्षणम् केनापि प्रयत्नेन पुनः प्राप्तुं न शक्नोति कोऽपि जनः । अतः प्रत्येकं क्षणस्य सदुपयोगः सावधानेन मनसा करणीयः सर्वेऽ जनेऽ विशेषतः विद्यार्थिभिः । यथा वयम् अर्जितस्य धनस्य एकैकस्य पणस्य व्ययं सम्यक् विचार्य कुर्मः तथैव एकैकस्य क्षणस्य अपि सदुपयोगं विवेकेन कुर्याम । एकः अपि क्षणः वृथा न यापनीयः । असावधानतया आलस्येन च निरर्थक नीतः समयः पश्चात्तापस्य असफलतायाः च कारणं भवति । यः मानवः समयस्य अवगच्छति तस्य सदुपयोगं च करोति एवं महान् भवति ।

हार्विक गुप्ता
दसवीं 'ड'

Father

You're the one who makes this wheel of heart move;
Steadily propelling it forward,
Towards the light of a bright future,
Finding a fighter out of this once-coward.

Millions of times over,
You've motivated us to infinity,
Including those hard times of nagging,
When you kept yourself in utter serenity.

I've never seen you break down-
You glue yourself back, piece to piece,
But I know your heart aches at times,
Yet, you smile through the agony, just to keep us at ease.

Trusting you more than my life,
I know you'll be there to catch me when I fall,
All in all, I've learnt this fact-
You want me to stand proud and tall.

I can never imagine what you must have been through,
The rocks and the glass shards tainting your feet red,
But kudos to that strong, brave heart of yours,
It kept you going without a tear shed.

What should I call you now?
A friend? An advisor? An evangel?
To sum up my ocean of feelings, I'd say-

My heart bleeds for you angel.

Udheesha Arora

10-A



The Summer Change maker

This summer break I decided to make a difference by doing something out of the box. I applied for summer internship programme with 'Cankids..Kidscan', a charitable organisation dedicated to change the perception of cancer in India. They provide support, care and treatment to children with cancer and counselling to their families. This one month was a very enriching, fulfilling and satisfying experience for me. I was a part of the summer camp organised for these children and I interacted with so many kids battling with cancer. They all always had a smile on their faces. They all maintained the optimism of getting well and dreamt of leading a normal life and going to school and playing with other children. I conducted a lot of fun activities during my entire time there, and also volunteered in arts and craft sessions, storytelling sessions, organising board games, arranging interactive workshops etc. My team and I organised many events, such as, Environment Day celebrations, magic show etc. This has helped me to sharpen my organisational skills. This was my very first internship and the experience I had was a life changing one. Being part of the summer camp 2018, I got an opportunity to meet with kids who were so pure and lovely despite all their pain. Each and everyone inspired me to the core in some or another way. Their high energy level was contagious and goodness exemplary. The internship here has been an eye-opener and I have learnt my life's biggest lessons from these children. The very first lesson is to bear a smile even in adverse situations of life. The second is to show gratitude towards the wonderful life we all have. I also learnt administration skill by getting first-hand experience of working in various departments of their office. The memories and bonds made during this internship have left an indelible impact and will surely stay with me all through my life.

Saanya Dhawan

10B

