



Immrrse

experience your path

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PSYCHOLOGY



THE IMMRSE EXPERIENCE



Congratulations on completing Virtual Internship Program™ (VIP). Your Career Immorse Report is now ready to give you a clear understanding of your compatibility with your custom filtered, shortlisted and chosen career options.

This highly reliable and accurate report about your potential competence in your chosen professions is scientifically designed by integrating advanced technology and in-depth research data related to career assessment. Developed by our team of highly experienced psychologists, psychometrics, researchers and leading industry professionals in India, your Career Immorse Experience is the most unique and all-encompassing process of arriving at a clear-cut, sharply defined career choice decision. It is the only career guidance program in the country which identifies and acknowledges that experience is the greatest teacher across all professions.

02

YOUR CHOSEN CAREER OPTION

PSYCHOLOGY

Psychology is the scientific study of the human mind and its behavior. Just like any other organ in the body, the brain too needs proper care, nourishment, exercise and rest. But in today's fast paced world, people are chasing their goals and ambitions at the cost of ignoring their mental health. Unhealthy mental conditions like depression, stress, anxiety, phobias and personality disorders are growingly affecting a large number of people from very young ages. Psychologists play a vital role in resolving such mental health issues and enabling a person to live a mentally healthy life.

The study of psychology includes subjects such as social psychology, developmental psychology, cognitive psychology, abnormal psychology, positive psychology, industrial psychology, health psychology and statistics among several others. It involves a wide spectrum of subjects through which students acquire a holistic understanding of the interlinked behavior of an individual with the society at large.

This field is best suited for students who have good patience, inquisitiveness towards human behaviour and a willingness to help people in dealing with their psychological health.

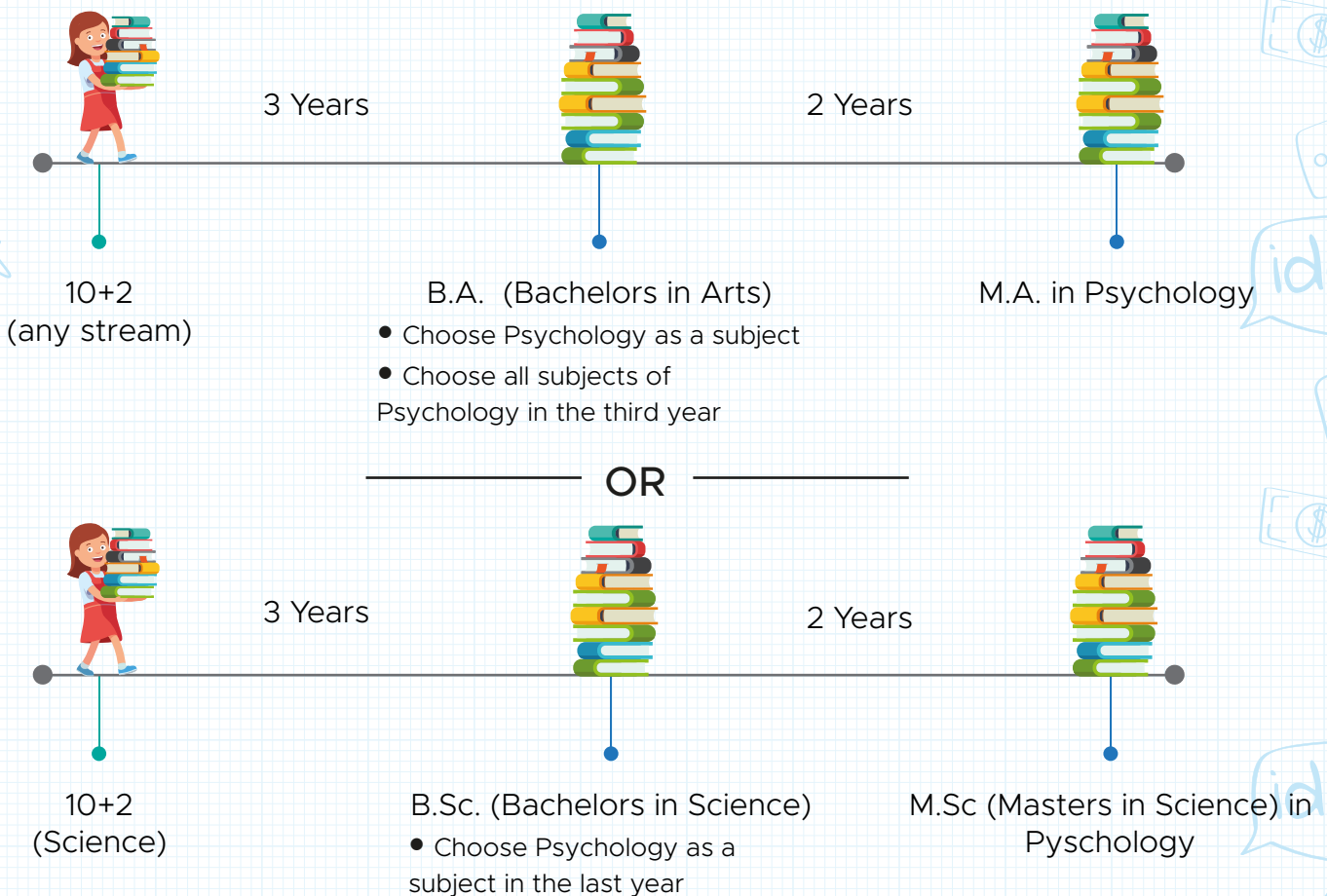
INDUSTRY SCOPE

India is a rapidly developing economy and in alignment with the same, the awareness, importance and spread of psychology is growing tremendously. Psychologists are in high demand not only in the clinical and health sectors, but also in sectors such as education, corporate, sports, social work as well as by communities for counseling large groups of people.

As for future avenues, several psychologists now offer life coaching programs. They also offer themed retreats, wherein people sign up for life coaching programs offered over a period of days in a vacation-like stay at an exotic location.

Psychologists may also look at rejuvenation centers, which are now coming up as holistic alternative health care options. Generally located at destinations away from the city and in the midst of nature, such centers offer an all-encompassing treatment to patients which may include psychology, ayurveda and diverse healing techniques.

EDUCATIONAL PATH



OTHER COURSES

- Professional diploma in school psychology
- Higher diploma in psychology with counseling
- Diploma in child psychology - CPD certified & IOA accredited
- Diploma in psychotherapy
- Diploma in hypnotherapy
- Diploma in child development
- Diploma in sports psychology
- Certificate courses in specific psychotherapies - example CBT, REBT, Art Therapy, etc.

PLACEMENT

The placement opportunities for psychologists can be classified into the following categories:

HOSPITALS & HEALTH CARE CENTERS

Hospitals & health care centers employ psychologists to offer psychological health services to their patients.

ACADEMICS

Colleges & Universities employ psychologists as professors & lecturers on the subject and for conducting research work.

COMPANIES/ ORGANIZATIONS

Business companies require industrial psychologists for providing in-house services to their employees, studying consumer behavior and for the companies' Human Resources (H.R.) departments.

SPORTS ORGANIZATIONS

With the sports sector growing in India, psychologists interested in working with sportsmen and sports teams have opportunities in sports organizations.

SCHOOLS & EDUCATIONAL INSTITUTIONS

Schools & educational institutions employ psychologists who can provide their services to students in cases of ragging, bullying, parental issues, exam pressure, etc.

GOVERNMENT

Psychologists may also find placements in government projects or programs which aim at improving health conditions of people and for forensic research.

SOCIAL WORK

NGOs working with specific communities need psychologists on their teams to understand the mental health and psychological support needed not only by such communities but also the members or volunteers of the NGO.

INDEPENDENT PRACTICE

Psychologists may set up their own practice and work directly with patients or clients. They may also work with psychiatrists, occupational therapists, and neurologists.

WORK PROFILE

A psychologist may choose one of the following job profiles:

COUNSELLORS

- Work with day to day psychological problems which do not require clinical attention
- Use simple techniques such as regulation of certain behaviors or discontinuation of certain mannerisms
- Generally work with NGOs, in educational settings and at counselling centers

CLINICAL PSYCHOLOGISTS

- Work with disorders that need clinical attention
- Conduct tests for diagnosis, which can be referred to by other doctors of the patient
- Generally work in clinics, hospitals and at rehabilitation centers

FORENSIC PSYCHOLOGISTS

- Work with counselling tools & therapies for criminals
- Also help investigative teams to understand criminal behaviors
- Generally work in forensic settings & prisons

ORGANIZATIONAL/ INDUSTRIAL PSYCHOLOGISTS

- Work with companies for functions such as recruitment, resolving employees' behavior issues, understanding consumer behavior, etc.

*There are various departments and job profiles for Computer Engineers at different stages of their careers. The above list is not an exhaustive list of such profiles, but a reference shortlist of common job profiles.

ENTRY-LEVEL SALARY

Salaries are subjective to a wide range of factors such as:

- Candidate's competence & financial needs
- Job responsibilities
- Size of the employing corporation
- Fresher employment policies
- Location - city/country
- Current economic conditions

As of today's overall scenario in India, an approximate entry level salary can be anywhere between Rs. 2- 5 lakhs per annum. Depending on the above listed and other factors, each candidate's entry level salary may vary significantly.

CAREER IMMRSE REPORT

Every profession demands a unique mix of intrinsic or developed qualities in an individual. Individual qualities are divided into two categories: Left Brain Qualities and Right Brain Qualities. Brain mapping studies by scientists categorize the functions of the human brain into these two halves or hemispheres. The left brain carries out analytical and methodical functions of thinking while the right brain processes creative, innovative and artistic functions. Each individual has a unique natural mix of left brain and right brain qualities. Certain qualities can be developed further through focused training.

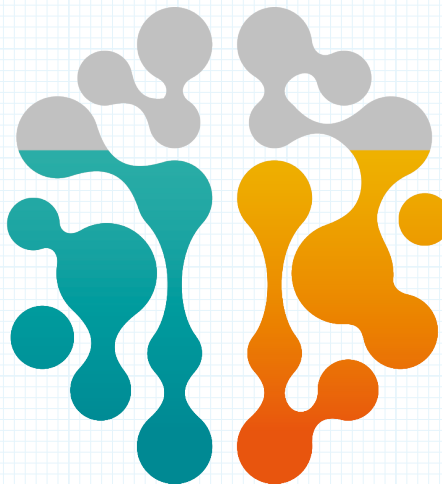
The following is an assessment of your estimated compatibility in relation with the Balanced Compatibility Requirement for the field of Psychology. This assessment is derived from computing the student's performance in the Virtual Internship Program.

LEFT BRAIN

70%

Qualities for Psychology

- Analytical Skills
- Detail Orientation
- Reading Comprehension



RIGHT BRAIN

70%

Qualities for Psychology

- Listening skills
- Problem Responsivity
- Verbal Expression
- Organization Skills

Your left brain quality is relatively convincing. However, there is need & scope for further improvement.

Your Right Brain quality is relatively convincing. However, there is need & scope for further improvement.

** Please keep in mind that the above report is not a static and/or constant evaluation of your brain qualities. Every person has a unique mix of strong and weak qualities, which are constantly evolving. By applying strategic training methods, your mind can be trained to improve its functioning in a specific quality.*

PROFESSION COMPATIBILITY ANALYSIS

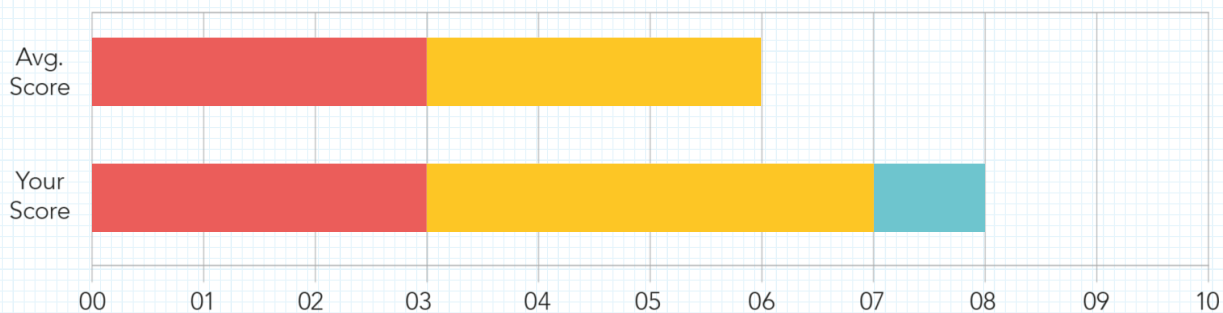
1. ANALYTICAL SKILLS

Analytical skills refers to the process of using a rational, systematic series of steps based on sound mathematical procedures and given statements to arrive at a conclusion. For example, you use your brain's analytical skills function when you work on geometric proofs, or when you solve a rubik's cube.

Psychologists use analytical skills to draw conclusions based not only on the symptoms informed to them by their clients but also based on their history and observations which psychologists make while interacting with a patient. Consequently, they make logical decisions towards selecting appropriate techniques to resolve their issues.

PERFORMANCE REPORT:

Based on the computing of your performance in the Virtual Internship Program, the following is an assessment of your strength in Analytical Skills:



Above graph shows Analytical Skills Performance graph

HOW TO STRENGTHEN YOUR BRAIN'S ANALYTICAL SKILLS

- Analytical skills is a vast subject. Read about the topic. Begin with reading internet articles and progress to reading a couple of books.
- Take a course. You may join classes or sign up for an online course. Finding relevant apps may also be useful.

- There are several online practice tests for analytical skills. Take these tests and try to gradually improve your performance.
- Solve logic puzzles in the newspaper. Playing games like chess and rubik's cube will also help enhance analytical skills.
- Physical exercises, meditation and mindfulness practices boost the overall performance of the brain and will help strengthen your Analytical Skills. Strive to incorporate these activities into your day-to-day routine.

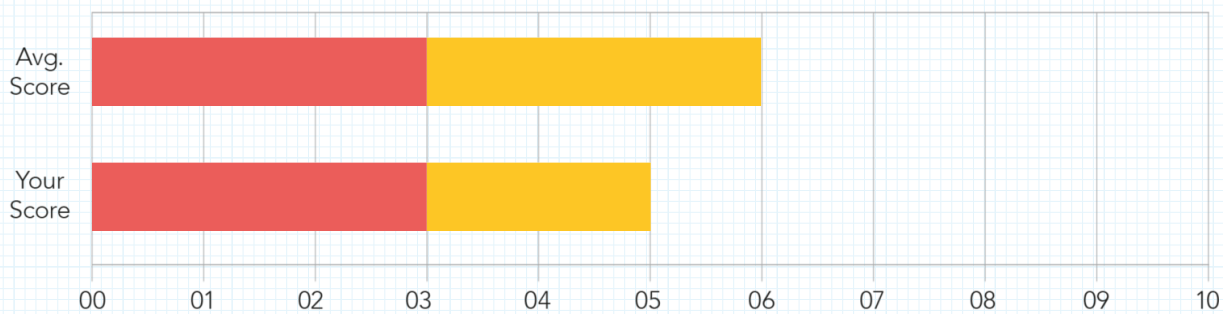
2. DETAIL ORIENTATION

The quality of detail orientation is the trait which defines a very close attention to the several small parts and aspects that constitute the bigger picture.

Psychologists are detail oriented professionals who tend to be observant, organized, and have the quality of understanding causes rather than just witnessing effects of a person's psychological condition. They pay close attention to every aspect of their client's life which influences their behavior. They also make detailed studies of how clients respond and alter their behaviour through the course of therapy.

PERFORMANCE REPORT:

Based on the computing of your performance in the Virtual Internship Program, the following is an assessment of your strength in Detail Orientation:



Above graph shows Detail Orientation Performance graph

HOW TO STRENGTHEN YOUR BRAIN'S DETAIL ORIENTATION

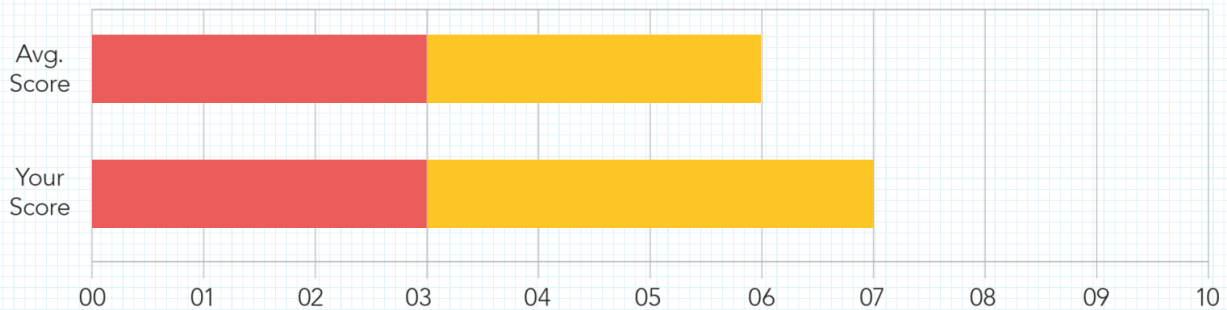
- Develop a habit of noticing people's clothing, their body language, and how they communicate.
- Practice trying to explore the causes which effect human behavior of people around you.
- Observe patterns in behaviour and relationships. Identify whether people behave similarly in similar circumstances. Read about the patterns you observe.
- Create your home and work environments such that they are clean, well lit and less noisy so you can focus on details of all daily activities and tasks.

3. READING COMPREHENSION

Reading comprehension is the ability to process text, understand its meaning, and to integrate it with what the reader already knows. Psychologists have to be efficient at fully understanding the content they read in study theories, reports, and analyzing tests.

PERFORMANCE REPORT:

Based on the computing of your performance in the Virtual Internship Program, the following is an assessment of your strength in Reading Comprehension:



Above graph shows Reading Comprehension Performance graph

HOW TO STRENGTHEN YOUR BRAIN'S READING COMPREHENSION

There are several in-depth online articles which give information about enhancing reading comprehension. A simple google search will lead to many relevant results. Some of the methods include:

- Evaluate your current reading comprehension.
- Improve your vocabulary.
- Read for study as well as for pleasure.
- Use techniques like summarization, reading aloud, re-reading and skim reading.

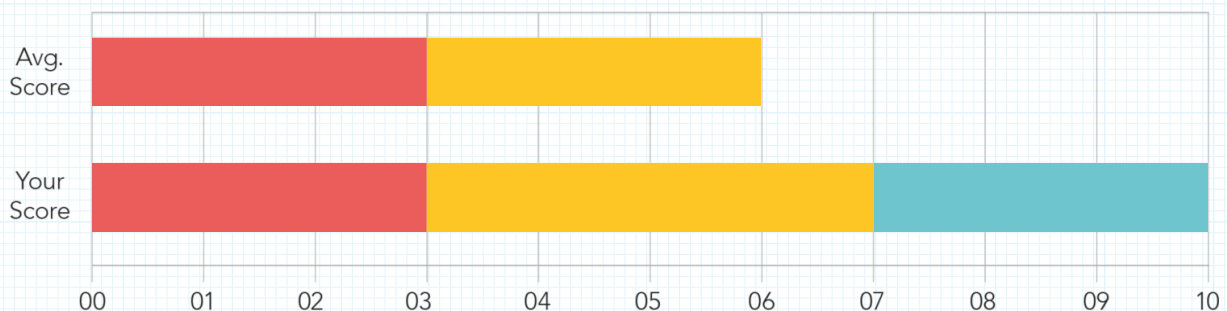
4. PROBLEM RESPONSIVITY

Problem responsivity comes from attention to detail, memory and analytical qualities. It refers to the psychologist's ability to analyze a patient's symptoms from different angles, to think through multiple possibilities of mental disorders in the patient's case, and to pick one out of multiple possible solutions to their problems.

Psychologists dealing with clients have to meticulously study the intricate details involved in the case, consider each point separately and choose a course of action which will be the best possible solution towards achieving a positive mental health condition for the client.

PERFORMANCE REPORT:

Based on the computing of your performance in the Virtual Internship Program, the following is an assessment of your strength in Problem Responsivity:



Above graph shows Problem Responsivity Performance graph

HOW TO STRENGTHEN YOUR BRAIN'S PROBLEM RESPONSIVITY

- Research about popular psychological case studies and analyse them thoroughly.
- Read research papers and books on psychology.
- Problem Responsivity for psychologists develops on-the-job with practice. Visiting a psychologist regularly as a client will provide you a great exposure and understanding to the field.

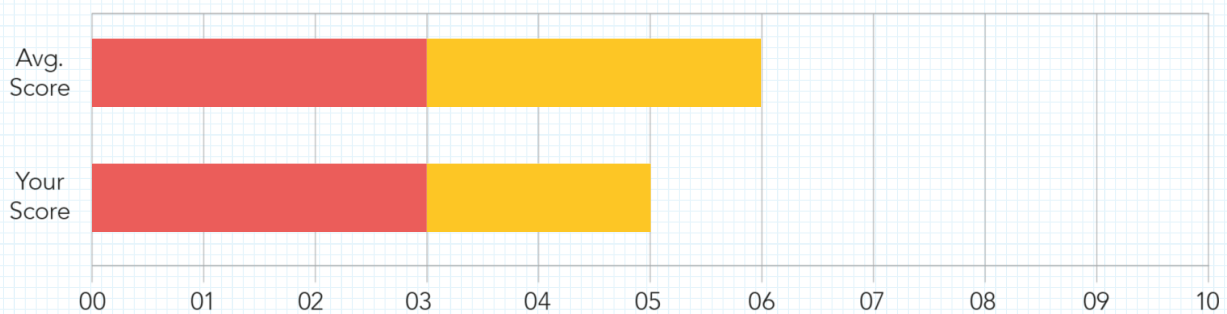
5. LISTENING SKILLS

Listening skills refers to fully concentrating on what is being said rather than just passively 'hearing' the message of the speaker. This may sound like a simple quality to define, but it is important to understand how significant and challenging it is in everyday life to actively listen to people around you.

Psychologists communicate regularly with clients who convey information about themselves and their symptoms to them. Psychologists not only hear the messages and words being spoken by these people but also actively listen to identify whether someone is able to express themselves with clarity or if there are things they are still unable to express. Good psychologists will never judge their clients for their thoughts or actions but rather remain focused on listening to them with a pure intention to understand why they behave the way they behave. The goal of a psychologist is to help people achieve a healthy mental condition, without any judgement on their morals or character.

PERFORMANCE REPORT:

Based on the computing of your performance in the Virtual Internship Program, the following is an assessment of your strength in Listening Skills:



Above graph shows Listening Skills Performance graph

HOW TO STRENGTHEN YOUR BRAIN'S LISTENING SKILLS

- Listen to ted talks or other spoken content delivered by respectable speakers on the internet and test how well you can remember the spoken points.
- Before a meeting or conversation, take two to five minutes to close your eyes and breathe slowly. Focus on your breath and bring your mind to a place of concentration.

- Make it a habit to sit with a notebook during a meeting or conversation. Jot down the points you need to remember from the speaker's message. At all other times, maintain healthy eye contact with the speaker and remain focused on observing what instinctive 'feelings' you sense in addition to what 'thoughts' you come up with. Jot down the important thoughts that spring up in your mind and also the 'feelings' you sense at specific points in the conversation. Do not interrupt the speaker midway and focus on listening. Respond only after the speaker finishes and after reflecting through the points you noted down.
- Many a times, the message being communicated by the speaker is significantly different to that received by the listener. To avoid this, summarize the speaker's points and clarify you're both on the same page. If you need the speaker to provide more detail about a certain point, request the same.
- Be honest and respectful in your response. Trust yourself, your thoughts and have confidence in the message you are communicating.
- Have patience for a long, slow paced conversation because applying the above steps will ensure it is a highly effective communication and the results or actions will, in fact, occur much faster if there is such effectiveness.

6. VERBAL EXPRESSION

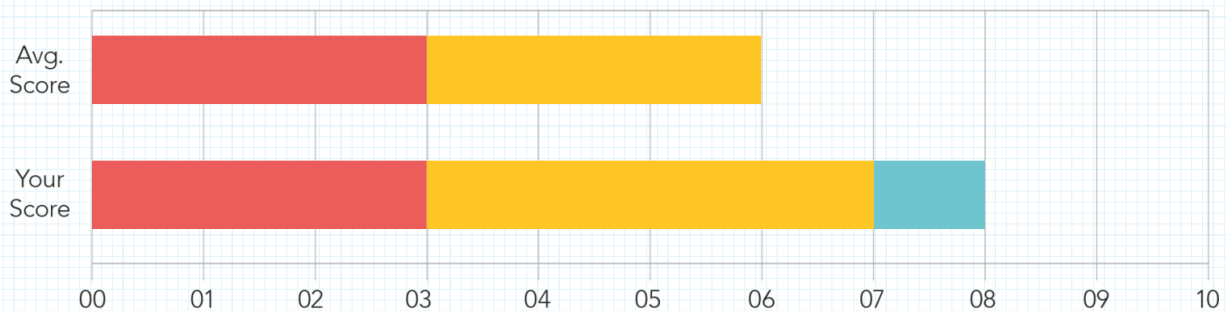
Verbal expression is the ability to clearly and precisely communicate concepts and ideas through verbal dialog and discussion.

Psychologists have to verbally communicate with clients and build a strong rapport with them before they can diagnose and recommend a therapy. Often, psychologists motivate people who are in stress or depression and this requires a strong ability to verbally express their thoughts.

Psychologists also explain their conclusions to the clients and explain the advantages of therapy to convince them.

PERFORMANCE REPORT:

Based on the computing of your performance in the Virtual Internship Program, the following is an assessment of your strength in Verbal Expression:



Above graph shows Verbal Expression Performance graph

HOW TO STRENGTHEN YOUR BRAIN'S VERBAL EXPRESSION

- Verbal expression can be strengthened by preparing yourself before speaking. Make notes and practice in the mirror.
- Reading contributes to verbal expression as well. Develop a healthy reading habit.
- Learn to speak concisely and clearly. Audio record yourself and listen to the clip to review your performance when speaking about a topic.
- Taking classes or watching Youtube videos on communication skills will help you to learn about eye contact, tone, confidence and body language.

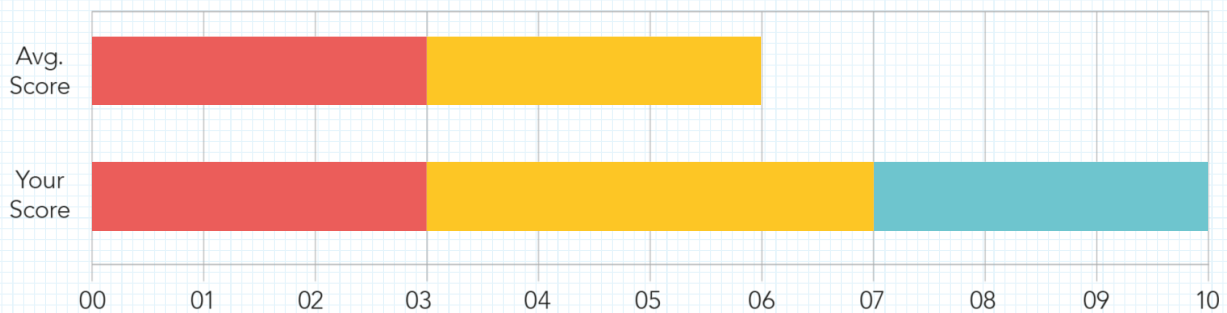
7. ORGANIZATIONAL SKILLS

Organization skills refers to a person's ability to arrange things or actions in a certain order or pattern according to a specific system.

Psychologists have to collect a vast amount of information communicated by a client and organize this extensive information into categories of psychological tendencies. Psychologists categorize the client's behavior and have an organized way of working with clients towards altering their psychological conditions.

PERFORMANCE REPORT:

Based on the computing of your performance in the Virtual Internship Program, the following is an assessment of your strength in Organizational Skills:

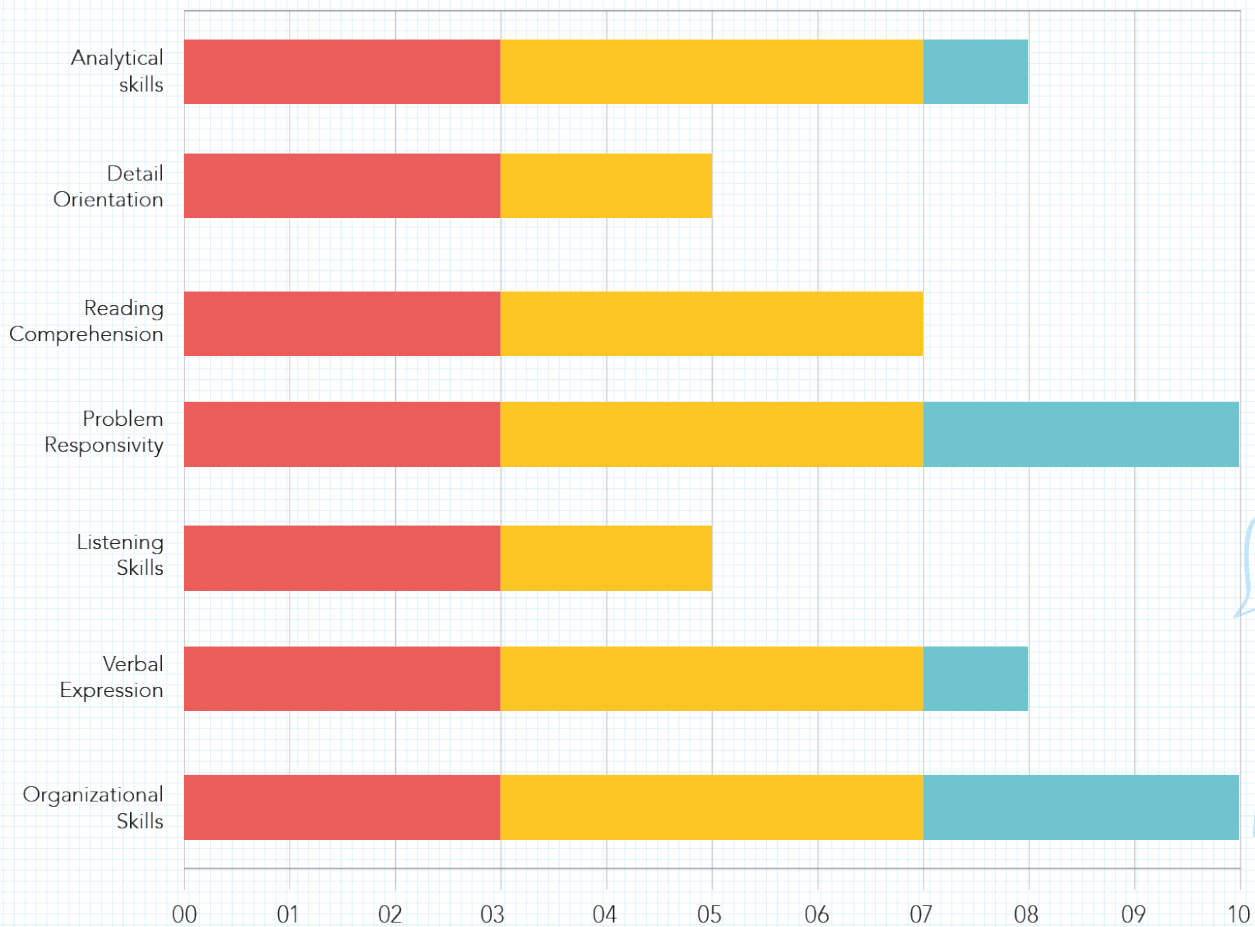


Above graph shows Organizational Skills Performance graph

HOW TO STRENGTHEN YOUR BRAIN'S ORGANIZATIONAL SKILLS

- Developing an advanced level proficiency in MS Excel is highly recommended.
- Develop organization habits in your daily lifestyle - organize your room, books, wardrobe, kitchen, etc. Create a methodical system of organization. For example, organize your books by categories, and in alphabetical order.

PROFESSIONAL COMPETENCE ANALYSIS



1-3 : BELOW AVERAGE, 4-7 : AVERAGE, 8-10 : ABOVE AVERAGE.

The above Professional Competence Analysis is a scientifically computed measure of your brain's Analytical Skills, Detail Orientation, Reading Comprehension, Problem Responsivity, Listening Skills, Verbal Expression and Organizational Skills.

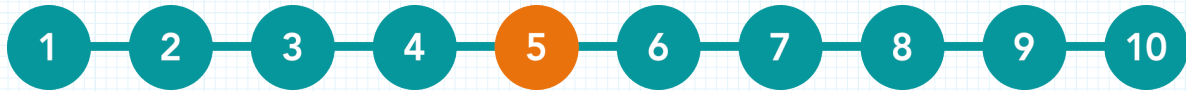
Your competence in the field of Psychology is impressive! We encourage you to consider pursuing Psychology for your career. Your intrinsic strengths align significantly with this profession and you should focus on nourishing your skills, qualities and talents further. However, if you are unsure of your interest in this field, please do not rush into a decision. Take time for further research. Keep in mind that there are several other career options to choose from, and multiple professional options always align with every individual's competence.

Based on your Profession Compatibility and Professional Competence Analysis, your Career Immorse Grade in the profession of Psychology is:

HYPER IMMORSIVE

Your competence in the field of Psychology is impressive! We encourage you to consider pursuing Psychology for your career. Your intrinsic strengths align significantly with this profession and you should focus on nourishing your skills, qualities and talents further. However, if you are unsure of your interest in this field, please do not rush into a decision. Take time for further research. Keep in mind that there are several other career options to choose from, and multiple professional options always align with every individual's competence.

INTEREST LEVEL



At Immorse, we emphasize on the importance of being deeply interested in the career path you choose for yourself. Studies have proven that being interested in a topic is a mental resource that enhances learning, which then leads to better performance and achievement.

Based on your responses regarding the various tasks you performed in the VIP™, your Interest Level in the field of Psychology is 5. This Interest Level is rated on a scale of 1 to 10, with 10 being the highest.